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Red Rock Canyon National Recreation Area Trail Plan - 1995

Alaska Recreation Survey - United States. National Park Service 1958

Golden Gate National Recreation Area, Fire Management Plan - 2005

Effects of Winter Recreation on Wildlife of the Greater Yellowstone Area - Tom Olliff 1999

Idaho Outdoor Recreation Plan, 1977 - Idaho. Department of Parks and Recreation 1978

CRC Ethnobotany Desk Reference - Tim Johnson 2019-07-23

The CRC Ethnobotany Desk Reference contains almost 30,000 concise ethnobotanical monographs of plant species characteristics and an inventory of claimed attributes and historical uses by cultures throughout the world-the most ambitious attempt to date to inventory plants on a global scale and match botanical information with historical and current uses. To obtain the same information about any species listed, you would have to thumb through hundreds of herbal guides, ethnobotanical manuals, and regional field guides. Sources for this index include the three largest U.S. Government ethnobotany databases, the U.S. National Park Service NPFlora plant inventory lists, and 18 leading works on the subject. Lake Roosevelt National Recreation Area, General Management Plan - 1999

Through Vegetal Being - Luce Irigaray 2016-07-05

Blossoming from a correspondence between Luce Irigaray and Michael Marder, Through Vegetal Being is an intense personal, philosophical, and political meditation on the significance of the vegetal for our lives, our ways of thinking, and our relations with human and nonhuman beings. The vegetal world has the potential to rescue our planet and our species and offers us a way to abandon past metaphysics without falling into nihilism. Luce Irigaray has argued in her philosophical work that living and coexisting are deficient unless we recognize sexuate difference as a crucial dimension of our existence. Michael Marder believes the same is true for vegetal difference. Irigaray and Marder consider how plants contribute to human development by sustaining our breathing, nourishing our senses, and keeping our bodies and minds alive. They note the importance of returning to ancient Greek tradition and engaging with Eastern teachings to revive a culture closer to nature. As a result, we can reestablish roots when we are displaced and recover the vital energy we need to improve our sensibility and relation to others. This generative discussion points toward a more universal way of becoming human that is embedded in the vegetal world.

Managing Wilderness Recreation Use - David N. Cole 1987

Aerial Photo Techniques for a Recreation Inventory of Mountain Lakes and Streams - Roscoe B. Herrington 1967

Wahweap-Stateline Development Area Inventory and Evaluation, Glen Canyon National

Recreation Area, Utah - Steve Dominguez 1996

Educator's Guide to Free Health, Physical Education & Recreation Materials, 2003-2004 - Educators 2003

<u>Initial Vegetal Development Following Prescribed Burning of Douglas-fir in South-central Idaho</u> - L. Jack Lyon 1966

North Coastal Area of California and Portions of Southern Oregon: Appendix no. 1, Sediment yield and land treatment: Eel and Mad River Basins - 1970

<u>Department of the Interior's Responses to Outdoor Recreation Briefing</u> - United States. Department of the Interior 1975

The Science of Marijuana - Leslie Iversen 2018-10-25

The Science of Marijuana, 3rd Edition is directed at a public interested in knowing more about cannabis, how it works, and what the hazards associated with its use may be. In terms of cannabis as a medicine, it is now sanctioned by a majority of US States, with approved medical indications that often go beyond what is really known scientifically about the effectiveness of cannabis treatment. Some countries and US States have approved full legalization of cannabis for adults; the regulations needed to control such legal use are still being worked out. The pros and cons of cannabis legalization are reviewed. There have been big changes in the public perception of cannabis, and increased support for legalization. The book comes at a timely moment in this debate.

The Science of Marijuana - Leslie L. Iversen 2008

Introduction -- The pharmacology of delta-9-tetrahydrocannabinol (THC): the psychoactive ingedient in cannabis -- Endocannabinoids -- The effects of cannabis on the cental nervous system -- Medical uses of marijuana: fact or fantasy? -- Is cannabis safe? -- The recreational use of cannabis -- What next?

Golden Gate National Recreation Area (N.R.A.), San Francisco Maritime National Historical Park, Extension of F-line Streetcar Service to Fort Mason Center - 2012

Chemistry in the Kitchen Garden - James R Hanson 2015-11-09

Over the past decade there has been a resurgence of interest in growing fruit and vegetables in the garden and on the allotment. Part of the driving force behind this is an increased awareness of the health benefits that can be derived from fruit and vegetables in the diet. The 'five helpings a day' dictum reflects the correlation between a regular consumption of fruit and vegetables and a reduced incidence of, for example, cardiovascular disease and some cancers. Growing your own vegetables provides the opportunity to harvest them at their peak, to minimize the time for post-harvest deterioration prior to consumption and to reduce their 'food miles'. It also provides an opportunity to grow interesting and less common cultivars. The combination of economic advantages and recreational factors add to the pleasure of growing fruit and

vegetables. This book covers the natural products that have been identified in common 'home-grown' fruit and vegetables and which contribute to their organoleptic and beneficial properties. Over the last fifty years the immense advances in separation methods and spectroscopic techniques for structure elucidation have led to the identification of a wide range of natural products in fruit and vegetables. Not only have many of their beneficial properties been recognized but also their ecological roles in the development of plants have been identified. The functional role of many of these natural products is to mediate the balance between an organism and its environment in terms of microbial, herbivore or plant to plant interactions. The book is aimed at readers with a chemical background who wish to know a little more about the natural products that they are eating, their beneficial effects, and the roles that these compounds have in nature. Developments in the understanding of the ecological and beneficial chemistry of fruit and vegetables have made the exploration of their chemical diversity a fascinating and expanding area of natural product chemistry and readers will obtain some 'taste' for this chemistry from the book. It develops in more detail the relevant sections from the earlier RSC book 'Chemistry in the Garden'. The book begins with an outline of the major groups of compound that are found in fruit and vegetables. This is followed by a description of aspects of environmental chemistry that contribute to the successful cultivation of these crops. Subsequent chapters deal with individual plants which are grouped in terms of the part of the plant, roots, bulbs and stems, leaves, seeds, that are used for food. The final chapters deal with fruit and herbs. The epilogue considers some general aspects of ecological chemistry and climatic stress which may, in the future, affect the growth of fruit and vegetables in the garden particularly in the context of potential climate changes. The book concludes with a section on further reading, a glossary of terms used in plant chemistry and a list of the common fruit and vegetables grouped in their plant families.

Prescribed Fire Impacts on Recreational Wildlands - Philip N. Omi 1982

Current Catalog - National Library of Medicine (U.S.) 1980

First multi-year cumulation covers six years: 1965-70.

Handbook of Cannabis - Roger Pertwee 2014-08-21

Truly global in scope and with contributions from leading researchers around the world, The Handbook of Cannabis is the definitive resource on this fascinating drug. Combining scientific perspectives and clinical applications, it covers a vast array of topics, from why over the centuries cannabis has been used as a medicine, through the regulations facing those wishing to self-administer cannabis or provide cannabisbased medicines, to the chemical structure of its many constituents and the rapidly growing group of synthetic cannabinoids that are currently being used for 'legal highs'. With each chapter written by a group of one or more internationally recognised subject experts, it provides academics and researchers with authoritative scientific material on the main pharmacological actions and their effects, as well as their pharmacokinetics, metabolism, and forensic detection. In addition it also examines the complex morphology, cultivation, harvesting, and processing of cannabis and the ways in which the plant's chemical composition can be controlled. As well as offering a raft of scientific information there is extensive coverage of cannabinoid-based medicines. Helping readers to identify and evaluate their benefits, chapters explore pharmacological actions and the effects that seem to underlie approved therapeutic uses, how they are currently used to treat certain disorders, and the ever-growing number of wide-ranging potential clinical applications. There is also coverage of both the legal and illegal sources of cannabis, including 'coffee shops' and 'cannabis dispensaries'. The complex issue of 'recreational cannabis' is also tackled. The sought-after and adverse psychological and non-psychological effects are described and discussions are included on how some adverse effects can be lessened by at least one constituent of cannabis, and that it might be possible to reduce the harm that cannabis does to some by changing current regulatory policies. The Handbook of Cannabis is a one-stop reference; essential reading for all clinicians, pharmacologists, psychologists, and psychiatrists interested in this drug, as well as those working in the field of public health.

Récréations végétales - Stéphane Geus 2019-09-06

Vegetal Politics - Lesley Head 2017-10-02

Cultural geography has a long and proud tradition of research into human-plant relations. However, until

recently, that tradition has been somewhat disconnected from conceptual advances in the social sciences, even those to which cultural geographers have made significant contributions. With a number of important exceptions, plant studies have been less explicitly part of more-than-human geographies than have animal studies. This book aims to redress this gap, recognising plants and their multiple engagements with and beyond humans. Plants are not only fundamental to human survival, they play a key role in many of the most important environmental political issues of the century, including biofuels, carbon economies and food security. This innovative collection explores themes of belonging, practices and places. Together, the chapters suggest new kinds of 'vegetal politics', documenting both collaborative and conflictual relations between humans, plants and others. They open up new spaces of political action and subjectivity, challenging political frames that are confined to humans. The book also raises methodological questions and challenges for future research. This book was published as a special issue of Social and Economic Geography.

Plant Associations of the Oregon Dunes National Recreation Area - John A. Christy 1998

A Survey of the Recreational Resources of the Colorado River Basin - United States. National Park Service 1950

Lake Mead National Recreation Area - David E. Ruppert 1976

Presents Lake Mead National Recreation Area in Boulder City, Nevada, provided by the National Park Service. Discusses the climate, facilities, and programs. Highlights activities such as scenic drives, picnicking, hiking, water sports, swimming, and sport fishing.

Santa Monica Mountains National Recreation Area (N.R.A.), General Management Plan - 2003

Sushi Modoki - iina 2019-11-01

An acclaimed Japanese vegan chef presents an innovative collection of recipes and techniques for making sushi, nigiri, rolls and more—all without meat. Sushi is perhaps the most iconic Japanese food. But as any vegan or vegetarian knows, there's only so many cucumber rolls a person can eat. Enter chef iina with her unique, all-vegan re-creations of classic sushi rolls and bites. She calls them Sushi Modoki—"modoki" being Japanese for "mimic." In iina's hands, tomatoes transform into "fatty tuna," mushrooms into "scallops," and carrots into "salmon"—with mind-boggling, irresistibly delicious results. Clear, step-by-step instructions show you how to make five different styles of sushi with all-natural, whole ingredients—and assemble elegant plates bursting with color and crunch: Nigiri: "fish" over rice Maki: sushi rolls Chirashi: scattered sushi bowls Inari: fried tofu stuffed with "fish" and rice Oshi: pressed sushi Plus, you'll find the full range of traditional sides: salads, soups, sauces, pickled vegetables, and hot and cold drinks. Sushi Modoki is the ultimate guide to becoming a vegan sushi master—with more than 50 recipes to "wow" vegans and sushi-lovers alike.

Tourism, Recreation and Biological Invasions - Agustina Barros 2022-12-14

The first section of the book includes information about how tourism-related infrastructure and activities promote biological invasions, including key pathways for non-native invasive species introductions. This section provides case studies of different organisms that are known to be introduced and/or promoted by tourism in different ecosystems or regions. The second section elaborates on known and potential impacts of invasive species on tourism and recreation, including how they may affect, positively or negatively, the economic revenue from tourism, tourist access, recreation, aesthetic values and tourists' perceptions. The last section focuses on management and policy, covering aspects of how visitors perceive invasive species and their willingness to manage them, biosecurity measures to prevent invasion related to tourism, as well as potential policy options moving forward. The book draws on a number of examples across multiple taxa, landscapes and regions of the world.

Cannabis - Chris Duvall 2014-11-15

Thanks to its best-known use, any mention of cannabis tends to bring up jokes about the munchies or debates about marijuana and legalized drug use. But this not-so-innocent flowering plant was one of the first to be domesticated by humans, and it has been used in spiritual, therapeutic, and even punitive applications ever since—in addition to its more recreational purpose. Despite all the hoopla surrounding cannabis,

however, we actually understand relatively little about it in the human and ecological past. In Cannabis, Chris Duvall explores the botanical and cultural history of one of our most widely distributed crops, presenting an even-handed look at this heady little plant. Providing a global historical geography of cannabis, Duvall discusses the manufacture of hemp and its role in rope-making, clothing, and paper, as well as cannabis's use as oil and fuel. His focus, though, is on its most prevalent use: as a psychoactive drug. Without advocating for either the prohibition or legalization of the drug, Duvall analyzes a wide range of works to offer a better understanding of both stances and, moreover, the diversity of human-cannabis relationships across the world. In doing so, he corrects the overly simplistic portrayals of cannabis that have dominated discourse on the subject, arguing that we need to understand the big picture in order to improve how the plant is managed worldwide. Richly illustrated and highly accessible, Cannabis is an essential read to understand the rapidly evolving debate over the legalization of marijuana in the United States and other countries.

Vegan Fast Food - Brian Watson 2022-09-27

Forget the drive-through, in Vegan Fast Food you'll find mouthwatering junk food and comfort food classics, minus the meat and dairy. Whether you're a brand-new vegan missing buffalo wings or a longtime vegan tired of the limited vegan options when eating out, Brian Watson, aka Thee Burger Dude, has been there. In fact, few food bloggers have thought more about what textures, tastes, and special sauces make iconic dishes so addictive. In this book, he takes you on a tour through national chain favorites, regional cult classics, and even a few nostalgic dishes perfect for parties, potlucks, or any Saturday night. Recipes include: Nationwide Burgers and Fries: Brian made his name on recreations of iconic burgers. In this chapter, he shares his obsessively researched, version 2.0 editions for nationwide icons and debuts a ton of new recipes as well. Fried Chicken, Wings, and Nuggets: Multiple styles of plant-based fried chicken are covered, including Brian's YouTube sensation oyster mushroom fried chicken. Beyond the Bun: Craveable Mexican, Asian, and fast-casual recipes that are every bit as good as the original meaty or cheesy versions range from delivery-like pizza and kung pao to gorditas, burrito bowls, and meatball subs. The Most Important Meal of the Day: Breakfast for dinner? Hangover brunch? No matter the mission, this chapter packs the vegan biscuits and gravy, breakfast burritos, diner-style pancakes, and the French toast sticks to make it happen. With a basics chapter that sets you up with homemade burgers, fried chicken, and all the essential condiments, you're sure to find whatever you're craving!

Cannabis - Chris S. Duvall 2014

"In Cannabis Chris Duvall explores the cultural history and geography of humanity's most widely distributed crop, which supplies both hemp and marijuana. ... This book does not advocate either the prohibition or legalization of the drug but challenges received wisdom on both sides of the debate. This highly accessible, richly illustrated volume is an essential read given rapidly evolving debates about legality and in light of changes in the criminalization of marijuana in Uruguay, some U.S. states and other jurisdictions worldwide."--Publisher's description.

Wilderness and Recreation--a Report on Resources, Values, and Problems - University of California (System). Wildland Research Center 1962

Domestic Recreation, Or, Dialogues Illustrative of Natural and Scientific Subjects - Priscilla Wakefield 1805

Summary of Trade and Tariff Information - 1984

Vegetal Entwinements in Philosophy and Art - Giovanni Aloi 2023-07-04

The first reader in critical plant studies, exploring a rapidly growing multidisciplinary field—the intersection of philosophy with plant science and the visual arts. In recent years, philosophy and art have testified to how anthropocentrism has culturally impoverished our world, leading to the wide destruction of habitats and ecosystems. In this book, Giovanni Aloi and Michael Marder show that the field of critical plant studies can make an important contribution, offering a slew of possibilities for scientific research, local traditions, Indigenous knowledge, history, geography, anthropology, philosophy, and aesthetics to intersect, inform one another, and lead interdisciplinary and transcultural dialogues. Vegetal Entwinements in Philosophy and Art considers such topics as the presence of plants in the history of philosophy, the shifting status of plants in various traditions, what it means to make art with growing life-forms, and whether or not plants have moral standing. In an experimental vegetal arrangement, the reader presents some of the most influential writing on plants, philosophy, and the arts, together with provocative new contributions, as well as interviews with groundbreaking contemporary artists whose work has greatly enhanced our appreciation of vegetal being. Contributors: Catriona A.H. Sandilands, Giovanni Aloi, Marlene Atleo, Monica Bakke, Emily Blackmer, Jodi Brandt, Teresa Castro, Dan Choffness, D. Denenge Duyst-Akpem, Mark Dion, Elisabeth E. Schussler, Braden Elliott, Monica Gagliano, Elaine Gan, Prudence Gibson, James H. Wandersee, Manuela Infante, Luce Irigaray, Nicholas J. Reo, Jonathon Keats, Zayaan Khan, Robin Wall Kimmerer, Eduardo Kohn, Stefano Mancuso, Michael Marder, Anguezomo Mba Bikoro, Elaine Miller, Samaneh Moafi, Uriel Orlow, Mark Payne, Allegra Pesenti, Špela Petrič, Michael Pollan, Darren Ranco, Angela Roothaan, Marcela Salinas, Diana Scherer, Vandana Shiva, Linda Tegg, Maria Theresa Alves, Krista Tippet, Anthony Trewavas, Alessandra Viola, Eduardo Viveiros de Castro, B+W, Mathai Wangari, Lois Weinberger, Kyle Whyte, David Wood, Anicka Yi Shadow Mountain Recreation Area, Environmental Assessment (EA) B1; Draft Master Plan B2;

Draft General Master Plan, Assessment of Alternatives (1978) - 1975

Public Outdoor Recreation Areas - 1962

The Pot Book - Julie Holland 2010-09-23

Leading experts on the science, history, politics, medicine, and potential of America's most popular recreational drug • With contributions by Andrew Weil, Michael Pollan, Lester Grinspoon, Allen St. Pierre (NORML), Tommy Chong, and others • Covers marijuana's physiological and psychological effects, its medicinal uses, the complex politics of cannabis law, pot and parenting, its role in creativity, business, and spirituality, and much more Exploring the role of cannabis in medicine, politics, history, and society, The Pot Book offers a compendium of the most up-to-date information and scientific research on marijuana from leading experts, including Lester Grinspoon, M.D., Rick Doblin, Ph.D., Allen St. Pierre (NORML), and Raphael Mechoulam. Also included are interviews with Michael Pollan, Andrew Weil, M.D., and Tommy Chong as well as a pot dealer and a farmer who grows for the U.S. Government. Encompassing the broad spectrum of marijuana knowledge from stoner customs to scientific research, this book investigates the top ten myths of marijuana; its physiological and psychological effects; its risks; why joints are better than water pipes and other harm-reduction tips for users; how humanity and cannabis have co-evolved for millennia; the brain's cannabis-based neurochemistry; the complex politics of cannabis law; its potential medicinal uses for cancer, AIDS, Alzheimer's, multiple sclerosis, and other illnesses; its role in creativity, business, and spirituality; and the complicated world of pot and parenting. As legalization becomes a reality, this book candidly offers necessary facts and authoritative opinions in a society full of marijuana myths, misconceptions, and stereotypes.