

Orthopadische Krankengymnastik

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Myology and Kinesiology for Massage Therapists - Cindy Moorcroft
2020-05-21

Myology and Kinesiology for Massage Therapists, Revised Reprint presents the anatomy and function of the muscular system using an innovative applied learning technique designed to help today's massage student learn and understand this subject. As this is a subject that many massage students struggle with, this integrated workbook approach helps students apply their knowledge to massage-specific scenarios and accommodates the needs of multiple learning styles. Beginning with an overview of the body and anatomical structures, the text builds to a thorough review of each body area, complete with full-color illustrations. Each chapter is divided into two parts: a text/content section followed by an activity/workbook section. The text section provides context for the activities and helps familiarize the student with the different bones, muscles, and other structures within each body region.

Physiotherapie in der Orthopädie - Mechthild Dölken 2009

Physiotherapie in der Orthopädie - Antje Hüter-Becker 2015-01-14
Lesen Sie sich fit! - Die gesamte Physiotherapie in der Orthopädie mit Schwerpunkt "konservative" Orthopädie. - Alle Untersuchungs- und Behandlungstechniken mit vielen Fallbeispielen und allen relevanten Behandlungsmethoden (Manuelle, PNF, FBL, Brügger). - Exakte Befundanalysen typischer Symptome werden vorgestellt.

Pocketbook of Taping Techniques - Rose Macdonald
2009-07-31

Functional taping is now recognised as a skill which is essential for those involved in the treatment and rehabilitation of sports injuries and many other conditions such as muscle imbalance, unstable joints and neural control. This exceptional new Pocketbook of Taping Techniques takes the place of the highly successful text which was also edited by Rose Macdonald. It incorporates all the basic techniques vital to the practice of good taping but also includes chapters on new evidence-based procedures written by experts from around the world. To aid in the development of these techniques, this pocketbook demonstrates many new methods which may be used as indicated or modified to suit the clinical situation. Structured by body region with highly-illustrated descriptions of relevant taping techniques Covers all aspects of functional taping New techniques to alter muscle activity and proprioception based on scientific evidence Handy, portable size for easy reference in the field

Leitfaden Physiotherapie in der Orthopädie und Traumatologie - Frank Diemer 2017-01-11

Einen individuellen Befund erstellen, erfolgreiche Behandlungsstrategien entwickeln ... der Leitfaden Physiotherapie für Orthopädie und Traumatologie macht es Ihnen besonders leicht. Denn die Herausgeber gehen in dieser Auflage ganz neue Wege: Neben dem Krankheitsbild stehen die verschiedenen Strukturen des Körpers und der physiotherapeutische Befund im Vordergrund. Das Werk ist nach Körperregionen aufgebaut, Pathologien werden an funktionellen Körperkreisen aufgezeigt und in bindegewebige Strukturen des Körpers unterteilt. Dies leitet Sie zuverlässig bei der individuellen Befundung an und bietet Ihnen einen effizienten Wegweiser für eine erfolgreiche, symptombezogene und konzeptunabhängige Behandlungsstrategie. Gelenksteckbriefe am Anfang eines Kapitels machen das Buch maximal praxisorientiert anschauliche Fallbeispiele und eindeutige, erklärende Abbildungen erleichtern das Verstehen Leitfaden Physiotherapie für Orthopädie und Traumatologie - das ideale Nachschlagewerk und zuverlässiger Begleiter im Berufsalltag!

Engineering of Functional Skeletal Tissues - Felix Bronner

2007-03-14

This is the 3rd volume in a series of reviews centered on the single major topic of bone replacement, discussing the biology of stem cells and cell signals, the knowledge needed to make stem cell-engineered bone tissue a reality, and how to prevent bone allograft infection. Useful as a followup to its predecessors, and as a stand-alone reference, it will interest a broad audience from orthopedists and bioengineers to dentists.

The Obscure Sacroiliac Joint - Niels Hammer 2022-12-06

This book summarises contemporary basic science understanding of sacroiliac joint anatomy, biomechanics, and disease with related changes in the joint. It provides great insight into emerging and promising therapeutic options. Combining established concepts and recent findings on the sacroiliac joint, together with research advances made over the last 25 years, this illustrated text will appeal to pain therapists, orthopedic practitioners, spine surgeons, sacroiliac joint surgeons, physiotherapists, and general practitioners.

Orthopädische Krankengymnastik - Martha Scharll 1978

Orthopädie und orthopädische Chirurgie - Hans Assmus 2003

Orthopädie, Unfallchirurgie - Jürgen Krämer 2007-12-28

Der neue Krämer/Grifka: Der Lehrbuchklassiker bringt Orthopädie und Unfallchirurgie erneut auf den Punkt und kompakt in einem Buch: sämtliche Untersuchungstechniken, alle orthopädischen und unfallchirurgischen Krankheitsbilder nach Körperregionen geordnet, konservative/operative Therapien, Rehabilitation, Begutachtung sowie die Definitionen aller Krankheitsbilder. Prägnant und übersichtlich – zum erfolgreichen Lernen, auch unter Zeitdruck. Das Fallquiz mit 20 typischen Situationen aus dem klinischen Alltag fördert die Lernfreude. Wissen anwenden leichtgemacht! Von Klumpfuß bis Polytrauma – mit dem Krämer/Grifka sind Sie bestens vorbereitet!

Orthopädisch-gymnastische Übungen für Einzel- und Massen-Nachbehandlung Verletzter - Wilhelm Hacker 1916

The Placebo Effect in Manual Therapy - Brian Fulton
2015-08-01

Numerous studies have made the 'placebo effect' the most-studied healing phenomenon known to mankind. In *The Placebo Effect in Manual Therapy* Brian Fulton has drawn on these studies to provide an essential resource for all practitioners who work on a one to one basis with their clients. Those manual therapists who learn from this book will find that their new understanding can lead to improved clinical outcomes for their clients. *The Placebo Effect in Manual Therapy* presents a knowledge-based approach to augmenting your patients' own healing systems. It explains how to: maximize the placebo response in your patients, using knowledge from 60 years of research "turn on" an individual's inner healing system, even with challenging patients increase your success rate and your patients' health outcomes within your current methods of practice

National Library of Medicine Catalog - National Library of Medicine (U.S.) 1960

Rehabilitation in der orthopädischen Chirurgie - Andreas B. Imhoff
2014-10-22

Orthopädie und Rehabilitation: Entwickeln Sie für jeden Patienten die passende, individuell abgestimmte Behandlungsstrategie. Dieses interdisziplinäre Praxisbuch mit Schwerpunkt auf der Rehabilitation nach orthopädischer Chirurgie der Extremitäten

sowie der Wirbelsäule unterstützt alle an der Rehabilitation beteiligten Teammitglieder mit relevanten Informationen zu den OP-Verfahren und handlungsorientierten Therapieanleitungen. Konkrete Handlungsanleitungen für Physiotherapeuten und Sporttherapeuten, aufbereitet in Therapiemodulen, die auf den ärztlichen Nachbehandlungskriterien für die einzelnen Phasen des Heilungsverlaufs und den Behandlungszielen der ICF aufbauen ermöglichen die Planung optimaler Therapiestrategien. Alle Behandlungsempfehlungen sind durch über 500 Farbfotos und Graphiken veranschaulicht und als "Hausaufgaben" für Patienten gibt es Heimtrainingsprogramme zum Downloaden. Neu in der 2. Auflage Knorpeltherapie Wassertherapie zur Rehabilitation Nachbehandlung von Muskelverletzungen

Orthopädische Gymnastik - Georg Hohmann 1967

Orthopädie, Gymnastik, Haltungsschwäche, Orthopädische-Gymnastik, Heilgymnastik.

Hip and Groin Pain in the Athlete - Marc Safran 2019-04-30

This book presents the latest knowledge in the evaluation and management of hip- and groin-related injuries in athletes.

Techniques of hip arthroscopy, as well as their limitations and possible complications, are clearly described, and guidance is provided on the use of periarticular hip endoscopy in patients with periarticular problems. A series of chapters address the potential approaches in the various conditions that may be encountered in athletes, including femoroacetabular impingement, athletic pubalgia, chondral and labral injuries, and hip instability by world renowned experts in the field. Considerations in particular age groups, especially adolescents, are highlighted. Rehabilitation is discussed in detail, and a concluding chapter examines emerging perspectives on the management of hip injuries. The book is published in collaboration with ISAKOS and combines the international expertise of ISAKOS members renowned for their management of injuries to the hip and groin. Hip and Groin Pain in the Athlete will be a must-read for team physicians and all clinicians who treat athletes.

Operative Techniques in Hand, Wrist, and Elbow Surgery -

Thomas R. Hunt 2016-01-04

Derived from Sam W. Wiesel's four-volume Operative Techniques in Orthopaedic Surgery, this single-volume resource contains the user-friendly, step-by-step information you need to confidently perform the full range of operative techniques from the hand to the elbow. In one convenient place, you'll find the entire Hand, Wrist, and Elbow section, as well as relevant chapters from the Shoulder and Elbow, Pediatrics, Sports Medicine, and Oncology sections of Operative Techniques in Orthopaedic Surgery. Superb full-color illustrations and step-by-step explanations help you master surgical techniques, select the best procedure, avoid complications, and anticipate outcomes. Written by global experts from leading institutions, Operative Techniques in Hand, Wrist, and Elbow Surgery, 2nd Edition, provides authoritative, easy-to-follow guidance to both the novice trainee or experienced surgeon.

Training in der Physiotherapie - Dietmar Seidenspinner 2006-03-30

Die Trainingstherapie mit Geräten: ein wichtiger Bereich der physiotherapeutischen Behandlung. Welche Überlegungen, Untersuchungstechniken und Evaluationsprozesse sind notwendig, um ein Trainingsprotokoll zu erarbeiten? Wie wird die Trainingstherapie optimal dem aktuellen Stand des Heilungsprozesses und der Belastbarkeit des Patienten in den einzelnen Rehabilitationsphasen angepasst? Das Buch bietet zu diesen Themen alles, was angehende und erfahrene Therapeuten wissen und können sollten: die für die Praxis wichtigen Grundlagen (Anatomie, Biomechanik, Pathomechanik und Pathophysiologie, Neurologie), Untersuchungs- und Behandlungstechniken, den Behandlungsaufbau, die Anwendung je nach Rehabilitationsphase mit Beispielen, Hinweisen zur Patientenmotivation und zur Kommunikation. Die Übungsanleitungen orientieren sich eng am Mustercurriculum "Gerätegestützte Krankengymnastik" (KGG) der Spitzenverbände der Krankenkassen.

Perioperative Care of the Orthopedic Patient - C. Ronald MacKenzie 2014-08-01

Written by experts at the top-ranked Hospital for Special Surgery in New York, Perioperative Care of the Orthopedic Patient is a comprehensive, multidisciplinary manual providing preoperative

considerations, postoperative complications, and guidelines for the anesthetic and medical management of patients undergoing orthopedic surgery. Beginning with chapters covering preoperative evaluations and general principles and practices of perioperative medicine, the book then considers anesthesiologic management in orthopedic surgery and the role of postoperative pain management. This is followed by a section on medical management in specific clinical settings, discussing patients with connective tissue disease, cardiac disease, chronic pulmonary and renal diseases, diabetes and psychiatric and neurological diseases. A fourth section covers specific perioperative problems in orthopedic surgery, such as care of the elderly patient, venous thromboembolism, infection, nutrition, compartment syndrome, and bone health. Finally, the role of allied services, quality improvement and ethics are highlighted, and selected case studies are included to illustrate real-world perioperative issues and management strategies in orthopedic surgery. A comprehensive yet concise reference, Perioperative Care of the Orthopedic Patient will be an invaluable resource for orthopedic surgeons, sports medicine specialists and any professional involved in orthopedic surgery.

Heidelberger Jahrbücher - H. Schipperges 2013-03-08

Orthopädische Krankengymnastik - Martha Scharll 1965

Arthroscopic Transosseous Rotator Cuff Repair - Claudio Chillemi 2018-06-29

The book offers a comprehensive and up-to-date guide to the cutting edge arthroscopic transosseous techniques for the treatment of rotator cuff tears, which are gradually taking over from the common open surgical approach, defined as the gold standard for RCR. With the help of numerous figures, it presents step by step a novel all-arthroscopic anchorless transosseous suture technique that is less invasive and easier to perform. After discussing the etiopathogenesis, histopathology and radiological classification of rotator cuff tears, the book reviews all possible arthroscopic procedures and explores in detail suture management, describing single and double tunnel options. It also examines the complications and post-operative rehabilitation and imaging, while the closing chapter addresses the economic aspects of daily use. Intended primarily for arthroscopic surgeons interested in the field of shoulder joint repair, this exhaustive guide is also a valuable resource for residents and shoulder specialists.

Orthopädische Hämophiliebehandlung - Inge Scharrer 2013-03-08

Das spezielle Risiko der an Hämophilie erkrankten Patienten stellen den Arzt und Krankengymnasten bei der orthopädischen Hämophiliebehandlung vor besondere Probleme. Das Buch stellt die wichtigsten Aspekte von Pathophysiologie, Diagnostik und Prävention dar und beschreibt ausführlich die Möglichkeiten der Therapie bei der hämophilen Arthropathie.

Surgical Techniques for Trauma and Sports Related Injuries of the Elbow - Gregory Bain 2019-10-14

In this book, leading international surgeons with expertise in the field provide cutting-edge information on the surgical techniques to treat sports and trauma injuries of the elbow. Indications for the different techniques are clearly explained, and practical aspects that allow safe and reproducible clinical outcomes are described. For the common procedures, a number of surgical technique options are presented, ensuring that the reader gains a broader perspective on this evolving surgical field. Throughout, valuable tips and tricks are highlighted that will assist both the experienced and the training surgeon in achieving maximum efficiency in their surgical practice. The book includes hundreds of illustrations, line diagrams, and clinical and cadaveric photographs to assist the reader in appreciating the principles of the clinical anatomy and the surgical techniques. Videos aid in understanding the finer points of the procedures. Surgical Techniques for Sports and Trauma Related Injuries of the Elbow is published in collaboration with ISAKOS. It will provide readers with a new comprehension of the topic and will be of value to students, physiotherapists, sports physicians, and orthopaedic surgeons.

K-Taping - Birgit Kumbrink 2014-12-04

Birgit Kumbrink's bestselling guide to K-Taping - now available in its 2nd edition! This richly illustrated hands-on guidebook features

a highly successful therapeutic approach to treating orthopedic, traumatological, and many other conditions has now been extended to include 20 additional application techniques for the fields of neurology and gynecology (including pre- and post-natal). This practical guide provides all the background information physiotherapists, sports physiotherapists, medical doctors, occupational therapists and health care professionals need. It serves both as a perfect companion to training courses and as a reference book and refresher and shows how to use the specially developed elastic K-Tape most effectively. A brief introduction to the basic principles of K-Taping, the special elastic tapes used and the method's history is followed by 9 chapters highlighting treatment techniques and their application to nearly 70 frequently seen conditions. Each is featured on a double page with up to five color photos, brief instruction, practical information about symptoms, dosage, progress to be expected and tips regarding variations of techniques. As the benefits of K-Taping in enhancing the effects of other conservative care and surgical treatments are getting more and more appreciated, Birgit Kumbrink's "K-Taping - An Illustrated Guide", developed by Germany based K-Taping Academy, has rapidly established itself as the ultimate reference book for therapists and clinicians in an ever expanding range of medical disciplines.

Theory and Practice of the Movement-cure - Charles Fayette Taylor 1861

Spine and Joint Articulation for Manual Therapists - Giles Gyer 2016-09-01

The book focuses on the practical application of articulation and mobilisation techniques with clear explanations and visual support of the techniques. Techniques are described for all body regions. Most other books for therapists include only one chapter on these important techniques. This book covers a variety of best practise techniques for all areas of the body. Examples are given to show how to adapt the techniques with the patient in different positions. It also addresses the use of these techniques on children, the elderly and pregnant women. The mechanisms of each technique are explained with reference to the related anatomy and physiology. Information is also given to help the therapist use the techniques safely (for both themselves and their patients) by adapting their own stance and posture to get maximum effect with minimum effort.

Orthopädie Unfallchirurgie - Joachim Grifka 2013-06-12

Der Lehrbuchklassiker von Grifka und Krämer bringt kurz und prägnant die Orthopädie und Unfallchirurgie auf den Punkt. Untersuchungstechniken, orthopädische und unfallchirurgische Krankheitsbilder nach Körperregionen, konservative und operative Therapien, Rehabilitation, Begutachtung und Definitionen aller Krankheitsbilder stellen die Autoren übersichtlich dar. Ein Lernquiz mit 20 typischen Alltagssituationen bietet einen ersten Einstieg in die Praxis. Das Buch ist zur schnellen Vorbereitung auf die Prüfung bestens geeignet.

Postsurgical Rehabilitation Guidelines for the Orthopedic Clinician - E-Book - HSS 2006-06-08

Designed to help therapists provide post-surgical rehabilitation based on best practices and evidence-based research, this comprehensive reference presents effective guidelines for postsurgical rehabilitation interventions. Its authoritative material is drawn from the most current literature in the field as well as contributions from expert physical therapists, occupational therapists, and athletic trainers affiliated with the Hospital for Special Surgery (HSS). A DVD accompanies the book, featuring over 60 minutes of video of patients demonstrating various therapeutic exercises spanning the different phases of postsurgical rehabilitation. Examples include hand therapy procedures, working with post-surgical patients with cerebral palsy, sports patient injuries, and pediatric procedures for disorders such as torticollis. Material represents the best practices of experts with the Hospital of Special Surgery, one of the best known and most respected orthopedic hospitals. Phases of treatment are defined in tables to clearly show goals, precautions, treatment strategies and criteria for surgery. Many of the treatment strategies are shown in videos on the accompanying DVD, enabling the user to watch the procedure that is discussed in the text. Information on pediatric and geriatric patients explores

differing strategies for treating these populations. Treatments specific to sports injuries are presented, highlighting the different rehabilitation procedures available for athletes. An entire section on hand rehabilitation provides the latest information for hand specialists. Information on the latest treatment strategies for hip replacement presents complete information on one of the most common procedures. Easy-to-follow guidelines enable practitioners to look up a procedure and quickly see the recommended rehabilitation strategy. A troubleshooting section provides solutions for common problems that may occur following each phase of the rehabilitation process. Broad coverage addresses both traditional techniques as well as newer methods in a single resource. Clear photos and illustrations show how to correctly perform the techniques described in the book.

Proprioception in Orthopaedics, Sports Medicine and Rehabilitation - Defne Kaya 2018-04-03

This book is a comprehensive guide to proprioceptive rehabilitation after orthopaedic and sports surgery. In addition, it equips readers with a thorough understanding of the neurophysiology and assessment of proprioception and clearly explains the relationships between surgical procedures, injuries, and anatomy and proprioception. Proprioception is still an unclear topic for most clinicians and scientists, and this is the first book specifically on proprioception in the context of orthopaedics and sports injuries, surgery, and rehabilitation. After an opening section describing key basic knowledge, individual chapters discuss proprioception after injuries and surgery to different parts of the body and explain the role of proprioceptive training in optimal rehabilitation. Among other topics addressed are proprioception after soft tissue regenerative treatment and the relation between osteoarthritis and proprioception. The book includes numerous descriptions of exercises, photographs, and tables documenting rehabilitation strategies. It will be of value for all students, clinicians, and academicians with an interest in the subject.

Orthopädische Krankengymnastik - Martha Scharll 1980

Specific Sports-Related Injuries - Sérgio Rocha Piedade 2021-05-12

This book offers a comprehensive and detailed overview of specific sports-related injuries and a valuable guide for decision-making to establish the best strategies to prevent and manage such injuries. As a thorough understanding of each sports modality plays a key role, both in injury prevention and management, a dedicated chapter is devoted to each sports discipline. An international panel of authors examines all most popular individual and team sports - including athletics, swimming, combat sports, cycling, tennis, American football, baseball, basketball, soccer and volleyball, just to mention a few. Three additional chapters present special aspects related to sports injuries: mental health concerns in athletes, radiological assessment and patient reported-outcomes tailored to sports medicine. All chapters share a consistent format, starting with a brief presentation of the sport and its history, and then discussing its dynamics, physical demands on the athlete, common sports-related injuries, biomechanics of injuries, first aid on the field, and injury prevention. This book offers valuable resource to orthopaedists, sports physicians as well as physiotherapists practicing in the field of sports-related injuries. *Zeitschrift für orthopädische Chirurgie einschliesslich der Heilgymnastik und Massage* - 1893

Praxis der konservativen Orthopädie - Hans Peter Bischoff 2009

Maitland's Clinical Companion E-Book - Kevin Banks 2009-10-20

This reference is ideal for students who need support during their neuromusculoskeletal clinical practice in areas such as communication, clinical reasoning, examination and assessment. It is a vital source for understanding the role of mobilization and manipulation in helping to maximize the recovery, rehabilitation and functioning of patients with movement-related disorders. The principles of the Maitland Concept of Manipulative Physiotherapy are applied to each body region so as to guide the student through to the appropriate selection, application and progression of mobilization and manipulation techniques within the context of

contemporary physiotherapeutic rehabilitation. A vital companion to the classic texts – Maitland's Vertebral Manipulation and Maitland's Peripheral Manipulation – which promotes a patient-centred approach to neuromusculoskeletal disorders. Learning objectives and self-assessment questions in every chapter enables students to reflect on their knowledge Case studies highlights key aspects of the concepts to clinical practice Clinical profiles for common neuromusculoskeletal conditions Techniques described and accompanied by over 500 images Picture key to identify types of examination, decision-making and techniques within the text
Physiotherapie in der Orthopädie - Mechthild Dölken 2005

Orthopedic Massage E-Book - Whitney W. Lowe 2009-04-08

Fully updated and revised Orthopedic Massage has been written for those interested in understanding and applying massage as an intervention for soft-tissue disorders. Recent research into the physiological effects of massage has strengthened the justification for its use in the treatment of soft-tissue pain and injury conditions. Orthopedic soft-tissue problems are common among the general population, whether from sports, occupational activities, or chronic pain. This text presents a comprehensive and in-depth look at the physiological nature of these conditions and the massage treatments most effective for their relief. A particular contribution this text makes is its validation for the role of massage in treating orthopedic conditions. In addition, it aims to help the clinician understand the relationship between the soft tissues to which they apply their techniques and the overall orthopedic disorder affecting their clients. Although written chiefly for massage practitioners, the lessons it teaches are relevant to any practitioner who is concerned with the treatment of soft-tissue injuries. Includes detailed technical information, extensive illustrations, and reliable reference material essential to everyday practice. Provides a comprehensive approach to treatment of common soft tissue pain and injury. Explains common orthopedic problems in detail, addressing biomechanics, kinesiology, and anatomy. Provides an in-depth discussion of the physiologic rationale for soft tissue treatments and explains those most effective for each condition. Integrates treatment approaches from across the field and gives detailed, easy-to-follow steps for their application. Compares traditional treatments with soft tissue manipulation for each problem discussed. Clearly links anatomy, physiology, and biomechanics with clinical practice. Designed for quick and easy reference with more than 200 high-quality full colour illustrations and numerous photos of treatment techniques. New clinical case studies and tips illustrate the techniques discussed. Now presented in full colour. New step-by-step photographs depict the techniques described in full detail. Increased artwork and photographs make learning more visual. Case studies demonstrate techniques and management in clinical practice Clinical hints and tips throughout. Greater guidance in treatment strategies to include 'Treatment Approaches' and 'Rehabilitation Protocol Considerations'.

Leitfaden Physiotherapie in der Orthopädie und Traumatologie - Michael Fleischhauer 2014-12-12

Prägnant, kompakt, zielsicher! Hier finden Sie alle Informationen, die Sie als Physiotherapeut für die tägliche Arbeit in der Orthopädie und Traumatologie benötigen: Kurze Definition Ärztliche Diagnostik und Therapie Physiotherapeutischer Befund Physiotherapeutische Behandlung Maßnahmen der Physikalischen Medizin Die übersichtliche Struktur hilft Ihnen dabei, sich auch bei seltenen Krankheitsbildern schnell zu orientieren. Dieser Leitfaden ist Ihr perfekter Begleiter in der Kitteltasche! Neu in der 2. Auflage: Medizinische Trainingstherapie/Medizinisches Aufbautraining.

Clinical and Radiological Anatomy of the Lumbar Spine - E-Book - Nikolai Bogduk 2022-07-30

This highly regarded text is one of the most comprehensive reference works available on the topographical, functional and radiographic anatomy of the lumbosacral spine. Fully updated in this sixth edition, *Clinical and Radiological Anatomy of the Lumbar Spine* walks the reader through the structure, function and common disorders of the lumbar spine. It covers the basic anatomy of lumbar components, how the spine changes with age, clinical problems, and imaging. Internationally renowned author Nikolai Bogduk's thorough referencing and clear text bridge the gap between science and clinical presentation to provide practical, validated and clinically relevant information that will be invaluable for students and clinicians alike. Clearly written and accessible – brings the science to life Thoroughly and comprehensively referenced – can be used as a starting point for research High quality illustrations to support understanding Highly relevant to undergraduate and postgraduate courses in physiotherapy, pain medicine, chiropractic, and rehabilitation medicine New understanding of the causes and pathology of back pain Additional references reflect current literature New, colour illustrations of nerves Expanded radiographic anatomy chapter
Handbook of Postsurgical Rehabilitation Guidelines for the Orthopedic Clinician - HSS 2008-02-08
Providing a wealth of guidelines and background information on postsurgical rehabilitation of the orthopedic patient in a convenient format, this portable reference is the therapist's first choice for a quick overview of the rehabilitation plan following orthopedic surgery. Easy-to-follow phase-guideline boxes encapsulate crucial information for over 45 surgeries into phases of healing and rehabilitation covering goals, precautions, treatment strategies, and criteria for advancement — perfect for the busy clinical setting. Quickly find and review the information you need with convenient bulleted rehabilitation guideline tables. Succinct overviews of surgical procedures help you remember key details of surgical procedures. Brief overviews of rehabilitation plans let you quickly review the principles and strategies of rehabilitation that promote healing and recovery from orthopedic surgical procedures. Criteria for advancement help you determine when your patient is ready to advance to the next phase of rehabilitation. Editors and contributors from one of the world's most prestigious orthopedic hospitals provide authoritative guidance on orthopedic rehabilitation.