

Lactivism How Feminists And Fundamentalists Hippie

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Learning, Food, and Sustainability - Jennifer Sumner 2016-09-14

This edited volume explores the intersection of learning and food, both within and beyond the classroom, all within the context of sustainability. Taking a broad pedagogical approach to the question of food, it focuses on learning and change in a number of key sites including schools, homes, communities, and social movements, keeping in mind that we need to learn our way out of our current unsustainable food system and in to more sustainable alternatives.

Bottled Up - Suzanne Barston 2012-10-18

Discusses the issue of breast feeding and whether it is fair to judge parenting on breast vs. bottle as opposed to making the right choice for a family.

A Strange Stirring - Stephanie Coontz 2011-01-04

In 1963, Betty Friedan unleashed a storm of controversy with her bestselling book, *The Feminine Mystique*. Hundreds of women wrote to her to say that the book had transformed, even saved, their lives. Nearly half a century later, many women still recall where they were when they first read it. In *A Strange Stirring*, historian Stephanie Coontz examines the dawn of the 1960s, when the sexual revolution had barely begun, newspapers advertised for "perky, attractive

gal typists," but married women were told to stay home, and husbands controlled almost every aspect of family life. Based on exhaustive research and interviews, and challenging both conservative and liberal myths about Friedan, *A Strange Stirring* brilliantly illuminates how a generation of women came to realize that their dissatisfaction with domestic life didn't't reflect their personal weakness but rather a social and political injustice.

Is Breast Best? - Joan B. Wolf 2013-07-19

"Wolf offers a powerful and important cultural critique...this is an insightful and eye-opening book that will be of interest to sociologists of gender, medical sociologists, and science studies scholars."—*American Journal of Sociology* "Wolf notes the 'insular and unidimensional zealotry' of breastfeeding campaigners and skillfully uncovers elements of racism and elitism in their behavior toward working women who do not have the luxury to breastfeed."—*Choice* "Beautifully written, powerfully argued. . . . Challenges the science prescription that all infants must be breastfed."—Linda Blum, author of *At the Breast: Ideologies of Breastfeeding and Motherhood in the Contemporary United States* Why has breastfeeding re-asserted itself over the last twenty years, and why are the government, the scientific and

medical communities, and so many mothers so invested in the idea? In *Is Breast Best?* Joan B. Wolf challenges the widespread belief that breastfeeding is medically superior to bottle-feeding. Despite the fact that breastfeeding has become the ultimate expression of maternal dedication, Wolf writes, the conviction that breastfeeding provides babies unique health benefits and that formula feeding is a risky substitute is unsubstantiated by the evidence. In accessible prose, Wolf argues that a public obsession with health and what she calls “total motherhood” has made breastfeeding a cause célèbre, and that public discussions of breastfeeding say more about infatuation with personal responsibility and perfect mothering in America than they do about the concrete benefits of the breast. Parsing the rhetoric of expert advice, including the recent National Breastfeeding Awareness Campaign, and rigorously questioning the scientific evidence, *Is Breast Best?* uncovers a path by which a mother can feel informed and confident about how best to feed her thriving infant—whether flourishing by breast or by bottle. Joan B. Wolf is Associate Professor of Women's Studies at Texas A&M University and author of *Harnessing the Holocaust: The Politics of Memory in France*. In the Biopolitics series

[Capitalism](#) - Nancy Fraser 2018-06-28

In this important new book, Nancy Fraser and Rahel Jaeggi take a fresh look at the big questions surrounding the peculiar social form known as “capitalism,” upending many of our commonly held assumptions about what capitalism is and how to subject it to critique. They show how, throughout its history, various regimes of capitalism have relied on a series of institutional separations between economy and polity, production and social reproduction, and human and non-human nature, periodically readjusting the boundaries between these domains in response to crises and upheavals. They consider how these “boundary struggles” offer a key to understanding capitalism’s contradictions and the multiple forms of conflict to which it gives rise. What emerges is a renewed crisis critique of capitalism

which puts our present conjuncture into broader perspective, along with sharp diagnoses of the recent resurgence of right-wing populism and what would be required of a viable Left alternative. This major new book by two leading critical theorists will be of great interest to anyone concerned with the nature and future of capitalism and with the key questions of progressive politics today.

Back to the Breast - Jessica Martucci
2015-11-20

After decades of decline during the twentieth century, breastfeeding rates began to rise again in the 1970s, a rebound that has continued to the present. While it would be easy to see this reemergence as simply part of the naturalism movement of the '70s, Jessica Martucci reveals here that the true story is more complicated. Despite the widespread acceptance and even advocacy of formula feeding by many in the medical establishment throughout the 1940s, '50s, and '60s, a small but vocal minority of mothers, drawing upon emerging scientific and cultural ideas about maternal instinct, infant development, and connections between the body and mind, pushed back against both hospital policies and cultural norms by breastfeeding their children. As Martucci shows, their choices helped ideologically root a “back to the breast” movement within segments of the middle-class, college-educated population as early as the 1950s. That movement—in which the personal and political were inextricably linked—effectively challenged midcentury norms of sexuality, gender, and consumption, and articulated early environmental concerns about chemical and nuclear contamination of foods, bodies, and breast milk. In its groundbreaking chronicle of the breastfeeding movement, *Back to the Breast* provides a welcome and vital account of what it has meant, and what it means today, to breastfeed in modern America.

Infidel Feminism - Laura Schwartz
2015-01-03

Infidel feminism is the first in-depth study of a distinctive brand of women's rights that emerged out of the Victorian Secularist

movement. Anti-religious or secular ideas were fundamental to the development of feminist thought, but have, until now, been almost entirely passed over in the historiography of the Victorian and Edwardian women's movement. In uncovering an important tradition of Freethinking feminism, this book reveals an ongoing radical and free love current connecting Owenite feminism with the more 'respectable' post-1850 women's movement and the 'New Women' of the early twentieth century. Schwartz looks at the lives and work of a number of female activists associated with organised Secularism, whose renunciation of religion encouraged and shaped their support for women's emancipation. These self-proclaimed 'infidel' feminists championed moral autonomy, free speech, and the democratic dissemination of knowledge. Alongside their rejection of god-given notions of sexual difference and a critique of the Christian institution of marriage such Freethinking principles provided powerful intellectual tools with which to challenge dominant and oppressive constructions of womanhood. Their contribution to the wider feminist movement was significant at a time when the issue of women's rights was integral to the creation of modern definitions of 'religion' and 'secularism' and when feminists and anti-feminists, Christians and Freethinkers battled over who had women's best interests at heart. This book will be invaluable to both scholars and students of social and cultural history and feminist thought, and to interdisciplinary studies of religion and secularisation. Its accessible style will also ensure that it appeals to those interested in the history of women's movements more broadly.

[The Proletarian's Pocketbook](#) - Karl Marx
2021-03-11

Inspired by Mao's Little Red Book, this work is full of quotes to inspire and teach revolution. With quotes from the Combahee River Collective, Mao, Lenin, bell hooks, Assata Shakur, 2pac, Malcolm X, Stalin, Les Feinberg, Fred Hampton, Fanon, and more, this book is bound to inspire the

revolutionary spirit inside you and your comrades to organize, educate, and revolt!
Full list of authors: Jamil Abdullah Al-Amin Mumia Abu-Jamal Sundiata Acoli James Baldwin Amilcar Cabral Fidel Castro Che Guevara Combahee River Collective Angela Davis Dimitrov Frederick Douglass Friedrich Engels Frantz Fanon Les Feinberg Paulo Freire Anuradha Ghandy Fred Hampton Harry Haywood Ho Chi Min bell hooks Enver Hoxha Dolores Ibarruri Kim Il-Sung George Jackson Jonathan Jackson Marsha P. Johnson Claudia Jones Frida Kahlo Ghasan Kanafani Leila Khaled Martin Luther King, Jr. Alexandra Kollantai James and Grace Lee Boggs Vladimir Lenin Audre Lorde Rosa Luxemburg Nelson Mandela Mao Tse-Tung Sub Marcos José Mariátegui Carlos Marighella Karl Marx Chico Mendes Evo Morales Toni Morrison Huey P. Newton Kwame Nkrumah Michael Parenti Rashid Paul Robeson Walter Rodney Arundhati Roy Thomas Sankara Bobby Seale Chief Seattle Assata Shakur Tupac Shakur Nina Simone Bhagat Singh Joseph Stalin Sukarno Kwame Ture Malcolm X Xi Jinping Malala Yousafzai
Guilt-free Bottle Feeding - Madeleine Morris
2014-09-15

You are not a bad mother if you can't breastfeed. For decades mums have been told that 'breast is best', that breastfeeding is the single-most important thing we can do for our children. Despite this huge pressure on modern mums, the vast majority of us end up using formula. And we feel guilty. In *Guilt-Free Bottle Feeding* award-winning journalist Madeleine Morris and paediatrician Dr Sasha Howard challenge the simplistic message of 'breast is best', revealing what everybody knows, but nobody says out loud - that bottle fed babies can grow up to be perfectly happy, healthy and smart. With a thorough yet accessible analysis of health science, parenting sociology and the modern media, the authors provide a balanced, much-needed and long-overdue voice, showing mothers who don't exclusively breastfeed why they are not failures. A mix of political and practical, *Guilt-Free Bottle-Feeding* also offers comprehensive advice on feeding,

including: Choosing a formula, and choosing a bottle Sterilising and preparing a feed How to promote bonding while bottle-feeding Moving from breast to bottle, and mixed feeding In an era where the pressure on mums is greater than ever before, *Guilt-Free Bottle Feeding* resets the conversation around infant feeding, supporting all families regardless of how they feed their babies. This is not an anti-breastfeeding book. This is an anti-guilt book.

www.guiltfreebottlefeeding.com

The Winter of Discontent - Tara Martin López
2014

A reassessment of the myth of the British 'Winter of Discontent', 1978-79, from the perspective of those involved, in particular, grassroots activists and the growing number of female activists.

Chained in Silence - Talitha L. LeFlouria
2015-04-27

In 1868, the state of Georgia began to make its rapidly growing population of prisoners available for hire. The resulting convict leasing system ensnared not only men but also African American women, who were forced to labor in camps and factories to make profits for private investors. In this vivid work of history, Talitha L. LeFlouria draws from a rich array of primary sources to piece together the stories of these women, recounting what they endured in Georgia's prison system and what their labor accomplished. LeFlouria argues that African American women's presence within the convict lease and chain-gang systems of Georgia helped to modernize the South by creating a new and dynamic set of skills for black women. At the same time, female inmates struggled to resist physical and sexual exploitation and to preserve their human dignity within a hostile climate of terror. This revealing history redefines the social context of black women's lives and labor in the New South and allows their stories to be told for the first time.

Nighttime Breastfeeding - Cecília Tomori
2014-10-01

Nighttime for many new parents in the United States is fraught with the intense challenges of learning to breastfeed and

helping their babies sleep so they can get rest themselves. Through careful ethnographic study of the dilemmas raised by nighttime breastfeeding, and their examination in the context of anthropological, historical, and feminist studies, this volume unravels the cultural tensions that underlie these difficulties. As parents negotiate these dilemmas, they not only confront conflicting medical guidelines about breastfeeding and solitary infant sleep, but also larger questions about cultural and moral expectations for children and parents, and their relationship with one another.

Precious Little Sleep - Alexis Dubief
2020-10-19

Aren't babies precious? So is sleep. Your baby is capable of sleeping through the night and this book will show you how. A whip smart and entertaining guide that focuses on WHY babies sleep the way they do, this book arms you with evidence-based and flexible tools that work for every unique situation so that you can teach your baby how to sleep well. This book will help you tackle the thorniest sleep snags, including:
> Navigating the tricky newborn phase like a pro
> Getting your child to truly sleep through the night
> Weaning off the all-night buffet
> Mastering the precarious tango that is healthy napping
> Solving toddler and preschooler sleep struggles
Sleep expert Alexis Dubief, of the wildly popular website, podcast, and group *Precious Little Sleep*, imparts effective, accessible, and flexible strategies based on years of research that will dramatically improve your child's sleep. You'll love the practical solutions and the way she presents them. And it works! Buy it now.

Lactivism - Courtney Jung 2015-11-24

Social scientist and mother Courtney Jung explores the ever-expanding world of breastfeeding advocacy, shining a new light on the diverse communities who compose it, the dubious science behind it, and the pernicious public policies to which it has given rise Is breast really best? Breastfeeding is widely assumed to be the healthiest choice, yet growing evidence

suggests that its benefits have been greatly exaggerated. New moms are pressured by doctors, health officials, and friends to avoid the bottle at all costs-often at the expense of their jobs, their pocketbooks, and their well-being. In *Lactivism*, political scientist Courtney Jung offers the most deeply researched and far-reaching critique of breastfeeding advocacy to date. Drawing on her own experience as a devoted mother who breastfed her two children and her expertise as a social scientist, Jung investigates the benefits of breastfeeding and asks why so many people across the political spectrum are passionately invested in promoting it, even as its health benefits have been persuasively challenged. What emerges is an eye-opening story about class and race in America, the big business of breastfeeding, and the fraught politics of contemporary motherhood.

Milk Matters: Infant Feeding & Immune Disorder

- Maureen Minchin 2015-03-06
Milk matters: more than you know Maureen Minchin's latest book is a call to all who are interested in the long term health of humanity to take a better educated and research driven view of the effects of early diet. It is an impressive trilogy: - Book 1 advances the milk hypothesis, that immune disorder can be communicated vertically, compounding intergenerationally, through early infant nutrition and pregnancy and birth experiences; Book 2 describes the development of replacements for breastmilk, outlining their past, present and future deficiencies and excesses, and the known or likely consequences; Book 3 links the science and history to everyday infant problems, and gives practical advice about preventing or resolving diet-related distress in young children. With her usual intelligent passion, Maureen provides compelling evidence for the necessity of feeding species-specific milk. What will it take for clinicians who are charged with the health of our most vulnerable citizens - our babies - to finally improve their management of infant nutrition? This book should be an essential text for all health professionals and required reading for all medical and midwifery

students. Heather Harris, MMid, IBCLC. Director - Boroondara Breastfeeding Centre
Maureen Minchin's *Breastfeeding Matters* (1985) was a milestone in the history of breastfeeding. We applaud this amazing new trilogy, *Milk Matters: infant feeding and immune disorder*. It provides a global overview both of the manifold benefits of breastfeeding, and the futile attempts of vested interests to create and promote safe alternatives. Maureen argues that alternative feedings pose unrecognised risks and have trans-generational effects, including the emergence of immune disorders. Factually, breastmilk is ALIVE, with millions of stem cells, while infant formulas are industrially-processed mixtures. Breastmilk provides long-term benefits for the baby's microbiome, immune defences, and brain development. Yet a 2008 survey showed that only 15.8% of urban Chinese mothers exclusively breastfed their one child. (The Chinese State Council hopes to increase this to 50% or more by 2020.) We are not called Mammals for nothing. Our newborn young evolved to be totally dependent on the subtle secretions of its mother's mammary gland. Maureen Minchin's new books could not have appeared at a more important time, and they have much to teach parents, professors and paediatricians the world over. Please read on... Professor Marilyn B. Renfree AO DSc FAA FAIBiol Professor Roger V. Short AM ScD FAA FRS
Intercourse - Andrea Dworkin 2008-08-01
Andrea Dworkin, once called "Feminism's Malcolm X," has been worshipped, reviled, criticized, and analyzed-but never ignored. The power of her writing, the passion of her ideals, and the ferocity of her intellect have spurred the arguments and activism of two generations of feminists. Now the book that she's best known for-in which she provoked the argument that ultimately split apart the feminist movement-is being reissued for the young women and men of the twenty-first century. *Intercourse* enraged as many readers as it inspired when it was first published in 1987. In it, Dworkin argues that in a male supremacist society, sex between

men and women constitutes a central part of women's subordination to men. (This argument was quickly-and falsely-simplified to "all sex is rape" in the public arena, adding fire to Dworkin's already radical persona.) In her introduction to this twentieth-anniversary edition of *Intercourse*, Ariel Levy, the author of *Female Chauvinist Pigs*, discusses the circumstances of Dworkin's untimely death in the spring of 2005, and the enormous impact of her life and work. Dworkin's argument, she points out, is the stickiest question of feminism: Can a woman fight the power when he shares her bed?

The Story of Life - Chris (Simpsons Artist)
2017-11-16

this book is a magical journey through life from the beginnings of time to the birth of a child and the adventure that we take on our way to the grave and beyond to the stars it is a celebration of being human and all of the beautiful things that is in between. if you like books that are about: why we are here how we are made babies shedding their baby legs and growing their child legs the innocence of childhood the warmth of papas back teen life body hare the first kiss falling in love being alone the gift of a feather tales of witches saturday nights monday mornings the mystery of old peoples earlobes death ghosts and the meaning of life then this book is for you because inside of this book there is all of those things and after reading about 5 pages of it you will be the main expert of human life and there will be nothing in this world that you will not know love from your friend chris (simpsons artist) xox

The Traumatized Brain - Vani Rao
2015-11-15

Useful information and real hope for patients and families whose lives have been altered by traumatic brain injury. A traumatic brain injury is a life-changing event, affecting an individual's lifestyle, ability to work, relationships—even personality. Whatever caused it—car crash, work accident, sports injury, domestic violence, combat—a severe blow to the head results in acute and, often, lasting

symptoms. People with brain injury benefit from understanding, patience, and assistance in recovering their bearings and functioning to their full abilities. In *The Traumatized Brain*, neuropsychiatrists Drs. Vani Rao and Sandeep Vaishnavi—experts in helping people heal after head trauma—explain how traumatic brain injury, whether mild, moderate, or severe, affects the brain. They advise readers on how emotional symptoms such as depression, anxiety, mania, and apathy can be treated; how behavioral symptoms such as psychosis, aggression, impulsivity, and sleep disturbances can be addressed; and how cognitive functions like attention, memory, executive functioning, and language can be improved. They also discuss headaches, seizures, vision problems, and other neurological symptoms of traumatic brain injury. By stressing that symptoms are real and are directly related to the trauma, Rao and Vaishnavi hope to restore dignity to people with traumatic brain injury and encourage them to ask for help. Each chapter incorporates case studies and suggestions for appropriate medications, counseling, and other treatments and ends with targeted tips for coping. The book also includes a useful glossary, a list of resources, and suggestions for further reading.

Inclusion without Representation in Latin America - Mala Htun 2016-01-14

This book analyzes how Latin American countries modified their institutions to promote the inclusion of women, Afrodescendants, and indigenous peoples.

The Scout Mindset - Julia Galef
2021-04-13

Winner of best smart thinking book 2022 (Business Book Awards) Guardian best books of 2021 'Original, thought-provoking and a joy to read' Tim Harford 'Highly recommended. It's not easy to become (more of) a scout, but it's hard not to be inspired by this book' Rutger Bregman When it comes to what we believe, humans see what they want to see. In other words, we have what Julia Galef calls a 'soldier' mindset. From tribalism and wishful

thinking, to rationalising in our personal lives and everything in between, we are driven to defend the ideas we most want to believe - and shoot down those we don't. But if we want to get things right more often we should train ourselves to think more like a scout. Unlike the soldier, a scout's goal isn't to defend one side over the other. It's to go out, survey the territory, and come back with as accurate a map as possible. Regardless of what they hope to be the case, above all, the scout wants to know what's actually true. In *The Scout Mindset*, Galef shows that what makes scouts better at getting things right isn't that they're smarter or more knowledgeable than everyone else. It's a handful of emotional skills, habits, and ways of looking at the world - which anyone can learn. With fascinating examples ranging from how to survive being stranded in the middle of the ocean, to how Jeff Bezos avoids overconfidence, to how superforecasters outperform CIA operatives, to Reddit threads and modern partisan politics, Galef explores why our brains deceive us and what we can do to change the way we think. 'With insights that are both sharp and actionable, *The Scout Mindset* picks up where *Predictably Irrational* left off. Reading it will teach you to think more clearly, see yourself more accurately, and be wrong a little less often' Adam Grant

Selling Women Short - Liza Featherstone
2009-04-20

On television, Wal-Mart employees are smiling women delighted with their jobs. But reality is another story. In 2000, Betty Dukes, a fifty-two-year-old black woman in Pittsburg, California, became the lead plaintiff in *Dukes v. Wal-Mart Stores*, a class action, representing 1.6 million women. In her explosive investigation of this historic lawsuit, journalist Liza Featherstone reveals how Wal-Mart, a self-styled "family-oriented," Christian company: Deprives women (but not men) of the training they need to advance. Relegates women to lower-paying jobs like selling baby clothes, reserving the more lucrative positions for men. Inflicts punitive demotions on

employees who object to discrimination. Exploits Asian women in its sweatshops in Saipan, a U.S. commonwealth. Featherstone goes on to reveal the creative solutions that Wal-Mart workers around the country have found, like fighting for unions, living-wage ordinances, and childcare options. *Selling Women Short* combines the personal stories of these employees with superb investigative journalism to show why women who work these low-wage jobs are getting a raw deal, and what they are doing about it. A new preface to the paperback edition will reflect on Wal-Mart's response to this lawsuit and its critics-including this one.

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Social scientist and mother Courtney Jung explores the ever-expanding world of breastfeeding advocacy, shining a new light on the diverse communities who compose it, the dubious science behind it, and the pernicious public policies to which it has given rise. Is breast really best?

Breastfeeding is widely assumed to be the healthiest choice, yet growing evidence suggests that its benefits have been greatly exaggerated. New moms are pressured by doctors, health officials, and friends to avoid the bottle at all costs-often at the expense of their jobs, their pocketbooks, and their well-being. In *Lactivism*, political scientist Courtney Jung offers the most deeply researched and far-reaching critique of breastfeeding advocacy to date. Drawing on her own experience as a devoted mother who breastfed her two children and her expertise as a social scientist, Jung investigates the benefits of breastfeeding and asks why so many people across the political spectrum are passionately invested in promoting it, even as its health benefits have been persuasively challenged. What emerges is an eye-opening story about class and race in America, the big business of breastfeeding, and the fraught politics of contemporary motherhood.

Feminism, Breasts and Breast-Feeding - P. Carter 1995-10-27

This book uses a feminist approach to examine the vast amount of material on breast-feeding. Baby milk manufacture is

usually seen as the sole cause of the decline in breast-feeding. Using interviews with women the author looks at other dimensions: the sexualization of breasts; the conditions under which infant feeding takes place and professional interventions into mothering. Policy documents and popular breast-feeding books are shown to be preoccupied with getting women to do what they deem natural rather than with women's real needs.

Push Back - Amy Tuteur, M.D. 2016-04-05
A Harvard-trained obstetrician-gynecologist, prominent blogger, and author of the classic *How Your Baby Is Born* delivers a timely, important, and sure to be headline-making expose that shines a light on the natural parenting movement and the multimillion-dollar industry behind it. The natural parenting movement praises the virtues of birth without medical interference, staunchly advocates breastfeeding for all mothers, and hails attachment parenting. Once the exclusive province of the alternative lifestyle, natural parenting has gone mainstream, becoming a lucrative big business today. But those who do not subscribe to this method are often made to feel as if they are doing their children harm. Dr. Amy Tuteur understands their apprehensions. "Parenting quickly feels synonymous with guilt. And of late, there is no bigger arena for this pervasive guilt than childbirth." As a medical professional with a long career in obstetrics and gynecology and as the mother of four children, Tuteur is no stranger to the insurmountable pressures and subsequent feelings of blame and self-condemnation that mothers experience during their children's early years. The natural parenting movement, she contends, is not helping them raise their children better. Instead, it capitalizes on their uncertainty, manipulating parents when they are most vulnerable. In *Push Back*, she chronicles the movement's history from its roots to its modern practices, incorporating her own experiences as a mother and successful OB-GYN with original research on the latest in childbirth science. She also reveals the dangerous and overtly

misogynistic motives of some of its proponents—conservative men who sought to limit women's control and autonomy. As she debunks, one by one, the guilt-inducing myths of natural birth and parenting, Dr. Tuteur empowers women to embrace the method of childbirth that is right for them, while reassuring all parents that the most important thing they can do is love and care for their children.

Then I was Black - Courtney Jung 2000
"Jung examines three important cases of politicized racial and ethnic identity in South Africa: Zulu, Afrikaner, and Coloured. Working from extensive field research and interviews, she develops a model to explain shifts in the political salience, goals, and boundaries of these groups between 1980 and 1995."--BOOK JACKET.

Academic Motherhood - Kelly Ward 2012-08-31
Academic Motherhood tells the story of over one hundred women who are both professors and mothers and examines how they navigated their professional lives at different career stages. Kelly Ward and Lisa Wolf-Wendel base their findings on a longitudinal study that asks how women faculty on the tenure track manage work and family in their early careers (pre-tenure) when their children are young (under the age of five), and then again in mid-career (post-tenure) when their children are older. The women studied work in a range of institutional settings—research universities, comprehensive universities, liberal arts colleges, and community colleges—and in a variety of disciplines, including the sciences, the humanities, and the social sciences. Much of the existing literature on balancing work and family presents a pessimistic view and offers cautionary tales of what to avoid and how to avoid it. In contrast, the goal of *Academic Motherhood* is to help tenure track faculty and the institutions at which they are employed "make it work." Writing for administrators, prospective and current faculty as well as scholars, Ward and Wolf-Wendel bring an element of hope and optimism to the topic of work and family in academe. They provide insight and policy

recommendations that support faculty with children and offer mechanisms for problem-solving at personal, departmental, institutional, and national levels.

Milk - Michael L. Power 2016-10-18

Everything you ever wanted to know about the substance that binds all mammals together. After drawing its first breath, every newborn mammal turns his or her complete attention to obtaining milk. This primal act was once thought to stem from a basic fact: milk provides the initial source of calories and nutrients for all mammalian young. But it turns out that milk is a much more complicated biochemical cocktail and provides benefits beyond nutrition. In this fascinating book, biologists Michael L. Power and Jay Schulkin reveal this liquid's evolutionary history and show how its ingredients have changed over many millions of years to become a potent elixir. Power and Schulkin walk readers through the early origins of the mammary gland and describe the incredible diversification of milk among the various mammalian lineages. After revealing the roots of lactation, the authors describe the substances that naturally occur in milk and discuss their biological functions. They reveal that mothers pass along numerous biochemical signals to their babies through milk. The authors explain how milk boosts an infant's immune system, affects an infant's metabolism and physiology, and helps inoculate and feed the baby's gut microbiome. Throughout the book, the authors weave in stories from studies of other species, explaining how comparative research sheds light on human lactation. The authors then turn their attention to the fascinating topic of cross-species milk consumption—something only practiced by certain humans who evolved an ability to retain lactase synthesis into adulthood. The first book to discuss milk from a comparative and evolutionary perspective, Power and Schulkin's masterpiece reveals the rich biological story of the common thread that connects all mammals.

Cribsheet - Emily Oster 2019-05-30
'Emily Oster is the non-judgemental

girlfriend holding our hand and guiding us through pregnancy and motherhood. She has done the work to get us the hard facts in a soft, understandable way' Amy Schumer Parenting is full of decisions, nearly all of which can be agonized over. There is an abundance of often-conflicting advice hurled at you from doctors, family, friends, and strangers on the internet. But the benefits of these choices can be overstated, and the trade-offs can be profound. How do you make your own best decision? Armed with the data, Oster finds that the conventional wisdom doesn't always hold up. She debunks myths and offers non-judgemental ways to consider our options in light of the facts. Cribsheet is a thinking parent's guide that empowers us to make better, less fraught decisions - and stay sane in the years before preschool. *Now you can navigate the primary school years with Emily Oster too, in her new book *The Family Firm*, out now*

Gendered Voices, Feminist Visions - Susan M. Shaw 2019-07

Gendered Voices, Feminist Visions: Classic and Contemporary Readings, Seventh Edition, is a balanced collection of classic, conceptual, and experiential selections. Accessible and student-friendly, the readings reflect the great diversity of women's experiences. Framework essays provide context and connections for students, while features like learning activities, ideas for activism, and questions for discussion provide a strong pedagogical structure for the readings.

[Parenting as Spiritual Practice and Source for Theology](#) - Claire Bischoff 2017-12-13

This volume investigates how mothers can understand parenting as spiritual practice, and what this practice means for theological scholarship. An intergenerational and intercultural group of mother-scholars explores these questions that arise at the intersection of motherhood studies, religious practice, pastoral care, and theology through engaging and accessible essays. Essays include both narrative and theological elements, as authors draw on personal reflection, interviews, and/or

sociological studies to write about the theological implications of parenting practice, rethink key concepts in theology, and contribute to a more robust account of parenting as spiritual practice from various theological perspectives. The volume both challenges oppressive, religious images of self-sacrificing motherhood and considers the spiritual dimensions of mothering that contribute to women's empowerment and well-being. It also deepens practical and systematic theologies to include concern for the embodied and everyday challenges and joys of motherhood as it is experienced and practiced in diverse contexts of privilege and marginalization.

A Tradition That Has No Name - Mary Field Belenky 1997-05-15

This book explores this project, as well as the work of other women who have created ongoing organizations for the express purpose of bringing excluded groups "into voice." Because these organizations are so effective in nurturing the development of their members, the authors call them "public homeplaces." While these diverse project are rooted in very different soils - declining inner-city neighborhoods, affluent middle-class suburbs, and African American communities in the Deep South - they have much in common. They are places where every voice is heard, where the group's action projects are designed to address the members' most driving questions and concerns, and where all are supported to be the best they can be.

Qualitative Inquiry in Clinical and Educational Settings - Danica G. Hays 2011-08-16

This highly readable text demystifies the qualitative research process—and helps readers conceptualize their own studies—by organizing the different research paradigms and traditions into coherent clusters. Real-world examples and firsthand perspectives illustrate the research process; instructive exercises and activities build on each other so readers can develop their own proposals or reports as they work through the book. Provided are strategies for selecting a research topic, entering and exiting sites,

and navigating the complexities of ethical issues and the researcher's role. Readers learn how to use a range of data collection methods—including observational strategies, interviewing, focus groups, e-mail and chat rooms, and arts-based media—and to manage, analyze, and report the resulting data. Useful pedagogical features include:*In-class and field activities to apply qualitative concepts.*Discussion questions, proposal development exercises, and reflexive journal activities.*Exemplary qualitative studies and two sample proposals.*Cautionary notes, or "Wild Cards," about possible research pitfalls.*Tables that summarize concepts and present helpful tips.

Health in Transition - Andrew J Macnab 2021-01-26

At STIAS, the 'Health in Transition' theme includes a programme to address the epidemic rise in the incidence of non-communicable diseases (NCDs) such as Type 2 diabetes, hypertension, obesity, coronary heart disease and stroke in Africa. The aim is to advance awareness, research capacity and knowledge translation of science related to the Developmental Origins of Health and Disease (DOHaD) as a means of preventing NCDs in future generations. Application of DOHaD science is a promising avenue for prevention, as this field is identifying how health and nutrition from conception through the first 1 000 days of life can dramatically impact a developing individual's future life course, and specifically predicate whether or not they are programmed in infancy to develop NCDs in later life. Prevention of NCDs is an essential strategy as, if unchecked, the burden of caring for a growing and ageing population with these diseases threatens to consume entire health budgets, as well as negatively impact the quality of life of millions. Africa in particular needs specific, focussed endeavors to realize the maximal preventive potential of DOHaD science, and a means of generating governmental and public awareness about the links between health in infancy and disease in adult life. This volume summarizes the expertise and

experience of a leading group of international scientists led by Abdallah Daar brought together at STIAS as part of the 'Health in Transition' programme.

Strange Tools - Alva Noë 2016-09-27

A philosopher makes the case for thinking of works of art as tools for investigating ourselves. In *Strange Tools: Art and Human Nature*, the philosopher and cognitive scientist Alva Noë argues that our obsession with works of art has gotten in the way of understanding how art works on us. For Noë, art isn't a phenomenon in need of an explanation but a mode of research, a method of investigating what makes us human—a strange tool. Art isn't just something to look at or listen to—it is a challenge, a dare to try to make sense of what it is all about. Art aims not for satisfaction but for confrontation, intervention, and subversion. Through diverse and provocative examples from the history of art-making, Noë reveals the transformative power of artistic production. By staging a dance, choreographers cast light on the way bodily movement organizes us. Painting goes beyond depiction and representation to call into question the role of pictures in our lives. Accordingly, we cannot reduce art to some natural aesthetic sense or trigger; recent efforts to frame questions of art in terms of neurobiology and evolutionary theory alone are doomed to fail. By engaging with art, we are able to study ourselves in profoundly novel ways. In fact, art and philosophy have much more in common than we might think. Reframing the conversation around artists and their craft, *Strange Tools* is a daring and stimulating intervention in contemporary thought.

Love Unites Us - Kevin M. Cathcart 2014-04-01

Firsthand accounts from the attorneys and advocates who brought the historic cases and fought to secure the freedom to marry for same-sex couples. The June 2015 decision in *Obergefell v. Hodges* was a sweeping victory for the freedom to marry, but it was one step in a long process. *Love Unites Us* is the history of activists' passion

and persistence in the struggle for marriage rights for same-sex couples in the United States, told in the words of those who waged the battle. Launching the fight for the freedom to marry had neither an obvious nor an uncontested strategy. To many activists, achieving marriage equality seemed far-fetched, but the skeptics were proved wrong in the end. Proactive arguments in favor of love, family, and commitment were more effective than arguments that focused on rights and the goal of equality at work. Telling the stories of people who loved and cared for one another, in sickness and in health, cut through the antigay noise and moved people—not without backlash and not overnight, but faster than most activists and observers had ever imagined. With compelling stories from leading attorneys and activists including Evan Wolfson, Mary L. Bonauto, Jon W. Davidson, and Paul M. Smith, *Love Unites Us* explains how gay and lesbian couples achieved the right to marry. "An exceptional piece of work by courageous and innovative leaders." —Eric H. Holder Jr., 82nd US attorney general "Captures the amazing story of the fight for marriage equality—in California and around the country. A remarkable journey recounted with truth and eloquence." —Gavin Newsom, governor of California

The Shining Sea - George C Daughan 2013-10-08

A few months after the outbreak of the War of 1812, Captain David Porter set out in the USS *Essex* on an epic, seventeen-month cruise to the South Seas. Porter was pursuing fame and riches, and by most accounts his odyssey was a stunning success: it brought glory to the fledgling American navy, cemented Porter's reputation as a daring and talented commander, and has long been celebrated as one of the greatest maritime adventures in U.S. history. Less well known, however, is the terrible price that the crew of the *Essex* paid for their captain's outsized ambitions. In *The Shining Sea*, award-winning historian George C. Daughan tells the full story of Porter's thrilling, action-packed voyage,

revealing the heights of Porter's hubris and the true depths of his failure on this fateful cruise. Intent on achieving personal glory, Porter made the treacherous journey around Cape Horn and into the Pacific Ocean, where he planned to capture a British man-of-war. From Valparaiso to the Galapagos to the Marquesas, the Essex roamed the South Seas, seizing British whaling and merchant ships, wreaking havoc on British commerce, and earning Porter and his men wealth and acclaim. Flush with his victories, Porter welcomed the news that a British frigate—the HMS Phoebe—was on his tail, and he resolved to capture her. But Porter could not overcome the Phoebe's superior firepower. Over the course of a desperate, bloody battle, he lost the Essex and over two-thirds of her crew—a shocking end to a daring journey. A swashbuckling tale of risk and ruin on the high seas, *The Shining Sea* brings to life the monomaniacal quest of one of the most misunderstood commanders of the War of 1812. Porter's singular voyage, Daughan shows, stands as a cautionary tale for any leader who would put personal glory and ambition ahead of cause and countrymen.

An Ideological Analysis of Breastfeeding in Contemporary America

America - Loreen N. Olson 2019-12-31
An Ideological Analysis of Breastfeeding in Contemporary America: Disciplining the Maternal Body analyzes the discourses involved in the pro-breastfeeding, “breast is best” paradigm, highlighting how such politically charged rhetoric restrains women’s ability to make the choices that are best for them and their families. Loreen Olson and Jenni M. Simon combat the idea that is so often espoused by medical professionals, researchers, and society at large: to be a good parent, one must provide breast milk to the infant in order for the baby to grow into a healthy, productive citizen. By exposing the biases present, Olson and Simon advocate for the need to make discursive space for all parents and all feeding choices. Scholars of communication, rhetoric, gender and women’s studies, and feminism will find this book particularly

useful.

Breasts: A Natural and Unnatural History - Florence Williams 2012-05-07
A 2012 New York Times Notable Book
A 2013 Los Angeles Times Book Award Winner in the Science & Technology category
An engaging narrative about an incredible, life-giving organ and its imperiled modern fate. Did you know that breast milk contains substances similar to cannabis? Or that it’s sold on the Internet for 262 times the price of oil? Feted and fetishized, the breast is an evolutionary masterpiece. But in the modern world, the breast is changing. Breasts are getting bigger, arriving earlier, and attracting newfangled chemicals. Increasingly, the odds are stacked against us in the struggle with breast cancer, even among men. What makes breasts so mercurial—and so vulnerable? In this informative and highly entertaining account, intrepid science reporter Florence Williams sets out to uncover the latest scientific findings from the fields of anthropology, biology, and medicine. Her investigation follows the life cycle of the breast from puberty to pregnancy to menopause, taking her from a plastic surgeon’s office where she learns about the importance of cup size in Texas to the laboratory where she discovers the presence of environmental toxins in her own breast milk. The result is a fascinating exploration of where breasts came from, where they have ended up, and what we can do to save them.

The Big Letdown - Kimberly Seals Allers 2017-01-24

Pediatricians say you should but it's okay if you don't. The hospital says, "Breast is best," but sends you home with formula "just in case." Your sister-in-law says, "Of course you should!" Your mother says, "I didn't, and you turned out just fine." Celebrities are photographed nursing in public, yet breastfeeding mothers are asked to cover up in malls and on airplanes. Breastfeeding is a private act, yet everyone has an opinion about it. How did feeding our babies get so complicated? Journalist and infant health advocate Kimberly Seals Allers breaks breastfeeding out of the realm of

"personal choice" and shows our broader connection to an industrialized food system that begins at birth, the fallout of feminist ideals, and the federal policies that are far from family friendly. The Big Letdown uncovers the multibillion-dollar forces battling to replace mothers' milk and the failure of the medical establishment to protect infant health. Weaving together research and personal stories with original reporting on medicine, big pharma, and hospitals, Kimberly Seals Allers shows how mothers and babies have been abandoned

by all the forces that should be supporting families from the start--and what we can do to help.

[More Work For Mother](#) - Ruth Schwartz Cowan 1983-11

This book has a dual focus. As its title is meant to suggest, it is a history not just of housework but also of the tools with which that work is done: household technology. Human beings are tool-using animals; indeed, some anthropologists believe that, along with speech,, the ability to use and to refine our tools is precisely what sets us apart from other species of primates.