

Asthma Und Sport Theoretische Grundlagen Und Prak

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Advances in Ergometry - Norbert Bachl 1991-04-26

Exercise testing is widely used all over the world to assess functional capacity in athletes, healthy subjects and patients. According to recent surveys, the interest in ergometry is still growing in almost all fields of medicine, especially in private practice. Furthermore, there has been an exponential growth in the number of publications on exercise testing in the last years. Several consensus and task force conferences have dealt with exercise testing and published recommendations on standardization and guidelines in ergometry. These factors have, in combination, initiated an upsurge in research and clinical use of exercise testing. At the 6th International Seminar on Ergometry the latest findings and advances in ergometry were discussed. Reviews and results of the congress covering a wide range of features in exercise testing are presented in this book. The editors hope that this book will make a substantial contribution to our knowledge regarding

exercise testing and will help physicians to appropriately evaluate exercise testing in healthy and diseased subjects. The editors are indebted to Miss I. Baumgartner and Mr. W. Reith for their effort in typing and preparing the manuscripts. The editors are grateful to Springer-Verlag for the close cooperation and for their expertise in publishing the present volume. N. Bachl T. Graham H. Lallgen Contents W. Hollmann The Anaerobic Threshold as a Tool in Medicine 1 L. Prokop Genetic Influences on Cardiovascular Capacity 12 1) ARRHYTHMIA AND EXERCISE . . . • . . • . • . • . 19 . . .

Akupunktur - Gabriel Stux 2007-10-24

Dieses Buch beweist, dass es möglich ist, westliche Medizin mit traditionellen chinesischen Konzepten zu verbinden: Einerseits wird das chinesische System von Meridianen und funktionellen Organen und die 120 wichtigsten Akupunkturpunkte gut verständlich beschrieben und ergänzt durch eine Einführung in

Philosophie und Tradition der chinesischen Medizin. Andererseits wird die neurophysiologische Wirkung der Akupunktur auch aus moderner wissenschaftlicher Perspektive erklärt. Den Hauptteil des Buches macht die Therapie von Krankheiten aus, basierend auf westlichen Diagnosen. Für besonders häufig behandelte Krankheiten werden die jeweils wichtigsten Akupunkturpunkte erläutert – also wirklich das Buch eines Praktiker für die Praxis. Für die 7. Auflage aktualisiert: Der Stellenwert der Akupunktur in der derzeitigen gesundheitspolitischen Situation, neu definierte Qualitätsstandards für Ausbildung und Praxis, Ergebnisse der Modellstudien und weiterer aktueller klinischer Studien zur Wirksamkeit der Therapie.

Basic Epidemiology - R. Bonita 2006

Basic epidemiology provides an introduction to the core principles and methods of epidemiology, with a special emphasis on public health applications in developing countries. This edition includes chapters on the nature and uses of epidemiology; the epidemiological approach to defining and measuring the occurrence of health-related states in populations; the strengths and limitations of epidemiological study designs; and the role of epidemiology in evaluating the effectiveness and efficiency of health care. The book has a particular emphasis on modifiable environmental factors and encourages the application of epidemiology to the prevention of disease and the promotion of health, including environmental and occupational health.

Literature Search - National Library of Medicine (U.S.) 1970

Inklusiver Sport- und Bewegungsunterricht - Martin Giese 2017-05-15

In diesem Buch werden von insgesamt 25 Autorinnen und Autoren interdisziplinäre Erkenntnisse aus der Behindertenpädagogik für den inklusiven Sport- und Bewegungsunterricht in der Schule ausgewertet. Die Ergebnisse werden nach den offiziellen Förderschwerpunkten systematisiert und für die Praxis in Schule und Unterricht aufbereitet. Das Buch richtet sich vornehmlich an die im inklusiven Schulsystem tätigen Sportfachkräfte, die oftmals mit dem Thema Inklusion konfrontiert sind, ohne dafür ausgebildet worden zu sein. Darüber hinaus bietet es allen im schulischen und außerschulischen Kinder- und Jugendsport tätigen Fachkräften vielfältige Hilfen und Anregungen, um den Anspruch der individuellen Förderung durch Bewegung, Spiel und Sport zu verwirklichen.

Catalogue of Risks - Dirk Proske 2008-07-24

Since the German edition of this book, the topic of risk has experienced even greater attention, not only in the world of science but also in other fields, such as economics and politics. Therefore, many new publications have evolved. To keep with the idea of an encyclopedia for the topic of risk, this book has been completely reworked. Not only are many updated examples included in chapter "Risks and disasters" but also new chapters have been introduced, such as the chapter "Indetermination and risk". This new chapter was developed since the question "Is it possible for risks to be completely eliminated, and if not why?" has become a major point of concern. Therefore, especially in this chapter, the focus of the book has - tended from a simple mathematical or engineering point of view to include much broader concepts. Here, not only aspects of system theory have to be considered, but also some general philosophical questions start to influence the

considerations of the topic of risk. The main goal of this edition, however, is not only the extension and revision of the book, but also the translation into the English language to allow more readers access to the ideas of the book. The author deeply hopes that the success the book made in the German edition continues and that readers experience a major gain from reading the book.

Democracy and Education - John Dewey 2013-05-31

This antiquarian volume contains a comprehensive treatise on democracy and education, being an introduction to the 'philosophy of education'. Written in clear, concise language and full of interesting expositions and thought-provoking assertions, this volume will appeal to those with an interest in the role of education in society, and it would make for a great addition to collections of allied literature. The chapters of this book include: 'Education as a Necessity of Life'; 'Education as a Social Function'; 'Education as Direction'; 'Education as Growth'; 'Preparation, Unfolding, and Formal Discipline'; 'Education as Conservative and Progressive'; 'The Democratic Conception in Education'; 'Aims in Education', etcetera. We are republishing this vintage book now complete with a new prefatory biography of the author.

Sport, Recovery, and Performance - Michael Kellmann 2017-11-06

Sport, Recovery and Performance is a unique multi-disciplinary collection which examines both the psychological and physiological dimensions to recovery from sport. Including contributions from medicine, neuroscience, psychology and sport science, the book expertly explores the implications for applied and strategic interventions to both retain and stabilize

performance, and promote health and well-being. Including chapters written by its leading experts, the book represents an important milestone in this evolving field of study. It covers issues around measuring recovery, the impact of overtraining on sleep and mental health, and addresses topics such as the impact of travel on performance. The book informs not only how managing recovery can improve performance, but also offers insights in how recovery can sustain athletes' physical and mental health. Citing research from a range of individual and team sports, as well as extreme situations and the workplace, this is an important book that will be widely read across the sport sciences.

Yoga als Gesundheitsförderung - Hans Deutzmann 2013-03-13

Yoga ist auf vielfältige Weise in unserer Gesellschaft präsent. Mindestens drei Millionen Menschen in Deutschland praktizieren Yoga. Im krassen Gegensatz zur Erfolgsgeschichte des Yoga steht jedoch die Tatsache, daß dieses so effektive und kostengünstige System der Gesunderhaltung von den politischen Instanzen weitgehend ignoriert wird. »Umso mehr begrüße ich das hier vorliegende Buch von Hans Deutzmann. Seine Arbeit (...) war mit die erste wissenschaftliche Studie ihrer Art. Hier standen und stehen nicht nur empirische Ergebnisse über die Wirksamkeit von Yogatechniken im Vordergrund, sondern es geht dezidiert auch um die sozialpolitischen Begleitumstände und Implikationen der modernen westlichen Yoga-Rezeption. Damit kann dieses Buch mindestens zwei Aufgaben erfüllen: Es kann einen wichtigen Beitrag leisten, das Thema nun auch zu den Verantwortlichen der Politik zu tragen (...). Und das vorliegende Buch kann und soll helfen, der deutschen Yoga-Szene die politische Dimension ihres Tuns bewußt zu

machen«. Dr. Christian Fuchs (Berufsverband deutscher Yogalehrer)

Combat Sports Medicine - Ramin Kordi 2009-03-01

Sports medicine and sports science are relatively new and rapidly developing fields of knowledge. During the past 2 decades, a significant body of scientific knowledge has been published in these areas. However, there is a demand for practical references which address sports medicine and science in the context of different sports. This demand is higher in some sports including combat sports, which are highly physically and mentally demanding, and cause challenging issues such as risk of blood-borne infections, weight reduction, head injuries, stress management, and safety for women and children. This book has been developed to meet the needs of the practitioners who work with combat sports athletes in order to improve their health and performance. Combat sports include four Olympic sports (boxing, wrestling, judo, and taekwondo) and other popular sports such as karate, kick boxing, and Wushu. These sports are popular in most countries of the world, both at competitive and recreational levels. Combat sports are practiced by people of different ages for a variety of reasons such as to gain fitness and health benefits and to learn self-defense.

Contemporary Theories of Learning - Knud Illeris
2009-05-07

In this definitive collection of today's most influential learning theorists, sixteen world-renowned experts present their understanding of what learning is and how human learning takes place. Professor Knud Illeris has collected chapters that explain both the complex frameworks in which learning takes place and the specific facets of learning, such as the acquisition of

learning content, personal development, and the cultural and social nature of learning processes. Each international expert provides either a seminal text or an entirely new précis of the conceptual framework they have developed over a lifetime of study. Elucidating the key concepts of learning, *Contemporary Theories of Learning* provides both the perfect desk reference and an ideal introduction for students. It will prove an authoritative guide for researchers and academics involved in the study of learning, and an invaluable resource for all those dealing with learning in daily life and work. It provides a detailed synthesis of current learning theories... all in the words of the theorists themselves. The theories of Knud Illeris Peter Jarvis Robert Kegan Yrjö Engeström Bente Elkjaer Jack Mezirow Howard Gardner Peter Alheit John Heron Mark Tennant Jerome Bruner Robin Usher Thomas Ziehe Jean Lave Etienne Wenger Danny Wildemeersch & Veerle Stroobants In their own words

Health Systems Performance Assessment - Christopher J. L. Murray 2003-11-06

The World Health Report 2000 has generated considerable media attention, controversy in some countries, and debate in academic journals. This volume brings together in one place the substance of many of these key debates and reports, methodological advances, and new empiricism reflecting the evolution of the WHO approach since the year 2000. Specifically, the volume presents many differing regional and technical perspectives on key issues, major new methodological developments, and a quantum increase in the empirical basis for cross-country performance assessment. It also gives the full report of the Scientific Peer Review Group's exhaustive assessment of these new approaches.

Lehrbuch Naturheilverfahren - Karin Kraft 2010

National Library of Medicine Current Catalog - National Library of Medicine (U.S.) 1993

Current Catalog - National Library of Medicine (U.S.) 1993

First multi-year cumulation covers six years: 1965-70.

Design for Sport - Anxo Cereijo Roibás 2017-03-02

Design for Sport shows how socially responsible design can contribute to make sport practice widespread in the general population including disadvantaged and hard-to-reach groups, and those that have been traditionally excluded such as the elderly, disabled people, those living in deprived areas and from lower socioeconomic strata plus certain minority ethnic and religious groups. Contributions from around the world provide compelling case studies and an international perspective. While the main benefit from expanding sports practice in developed societies would be reduction of chronic disease rates and social inclusion, in the developing world where political instability and conflict are more common, the authors look at how sport can have other functions, such as a means of post-disaster relief. They discuss how Participatory Design (PD) techniques and appropriate ethnographies can be implemented in order to better understand users' needs and requirements as in the case of Paralympic sport where the increased sophistication of equipment used has evolved to meet the demands of the athletes. Reflecting the multi-disciplinary and cross-disciplinary nature of design for sport, the book also features case studies that look at environmental design to improve sport accessibility, social wellbeing, economic development

and environmental sustainability.

OZONE - Velio Bocci 2010-10-05

Oxygen-Ozone therapy is a complementary approach less known than homeopathy and acupuncture because it has come of age only three decades ago. This book clarifies that, in the often nebulous field of natural medicine, the biological bases of ozone therapy are totally in line with classical biochemistry, physiological and pharmacological knowledge. Ozone is an oxidizing molecule, a sort of super active oxygen, which, by reacting with blood components generates a number of chemical messengers responsible for activating crucial biological functions such as oxygen delivery, immune activation, release of hormones and induction of antioxidant enzymes, which is an exceptional property for correcting the chronic oxidative stress present in atherosclerosis, diabetes and cancer. Moreover, by inducing nitric oxide synthase, ozone therapy may mobilize endogenous stem cells, which will promote regeneration of ischemic tissues. The description of these phenomena offers the first comprehensive picture for understanding how ozone works and why. When properly used as a real drug within therapeutic range, ozone therapy does not only does not procure adverse effects but yields a feeling of wellness. Half the book describes the value of ozone treatment in several diseases, particularly cutaneous infection and vascular diseases where ozone really behaves as a "wonder drug". The book has been written for clinical researchers, physicians and ozone therapists, but also for the layman or the patient interested in this therapy.

Medizinische Klinik - 1924

International Handbook of Health Literacy - Okan, Orkan

2019-07-31

Available Open Access under CC-BY-NC license. Health literacy addresses a range of social dimensions of health including knowledge, navigation, communication as well as individual and organizational skills for accessing, understanding, evaluating and using of information. Especially over the past decade, health literacy has become a major public health concern globally as an asset for promoting health, wellbeing and sustainable development. This comprehensive handbook provides an invaluable overview of current international thinking about health literacy, highlighting cutting edge research, policy and practice in the field. With a diverse team of contributors, the book addresses health literacy across the life-span and offers insights from different populations and settings. Providing a wide range of major findings, the book outlines current discourse in the field and examines necessary future dialogues and new perspectives.

Nephrology in a Nutshell - Walter Samtleben 2007

Nathan Zuntz - Hanns-Christian Gunga 2009-02-27

This book focuses on the life and work of Nathan Zuntz (1847-1920), a German physiologist, who made significant contributions to high altitude physiology and aviation medicine. He achieved fame for his invention of the Zuntz-Geppert respiratory apparatus in 1886 and the first treadmill (Laufband) in 1889. He also invented an X-ray apparatus to observe cardiac changes during exercise and constructed a climate chamber to study exercise under varying and sometimes extreme climates. * Focuses on Zuntz's contribution to high altitude physiology and aviation medicine

German books in print - 1994

Lernfelder der Bäckerei - Produktion - Claus Schünemann 2011

Deutsche Nationalbibliographie und Bibliographie der im Ausland erschienenen deutschsprachigen Veröffentlichungen - 1996

Public Health in Austria - Joy Ladurner 2011

This book explores the key challenges facing Austria's public health system. Set firmly in the context of the history, scope, functions and responsibilities of public health in developed countries, it examines how the Austrian system has developed and adapted over the last 50 years to the benefit of the population. It also looks at the challenges presented by life in the 21st century. The book draws on both national research and expert interviews to present a fully-rounded picture. This shows that the public health system in Austria is struggling to maintain essential services and develop policies for improvement, and the study proposes strategies and policies to tackle these developments, looking in particular at change within the fields of education, research and training. This book is essential reading for policy-makers, advisers and analysts interested in developing a public health strategy and competence in both developed and developing countries, as well as researchers interested in the Austrian health system.

Core Pathology - Alan Stevens 2008-10-10

The new edition of this text helps you make the most of your study time by focusing on only the core basics of pathology needed for course work or exams...while avoiding extraneous details. Nearly 800 full-color, generously sized clear illustrations help bring the

subject to life and aid in memorization. User-friendly features-including clinical correlation and differential diagnosis boxes-help make the material more relevant, while an increased emphasis on clinical medicine and a new self-assessment section prepare you for real-life practice. Your purchase of this book entitles you to access www.studentconsult.com at no extra charge. This innovative web site offers you an interactive center with a wealth of additional resources. Focuses on only the core pathology that you need to know so you can make the most of your time in the classroom, and of your study time in preparing for exams. Presents nearly 800 full-color, generously sized illustrations that help you visualize pathologic processes and enhance memorization. Includes a self-assessment section that helps to prepare you for real-life practice. Uses clinical correlation boxes to help you apply basic pathology principles to real-life medicine. Features advanced concept boxes that enable you to review separate summaries of higher-level information without taking away from your study of the basics. Provides differential diagnosis boxes that help you link symptoms and signs to diseases and back to basic pathology principles. Features access to Student Consult at www.studentconsult.com, where you'll find a virtual microscope feature that enables you to see the microscopic pathological images you are likely to view in the lab • USMLE-style questions • "Integration Links" to bonus content in other Student Consult titles • and much more. Offers Evolve website access for instructors where they will find more images and an additional 150 multiple-choice questions .

The Moment Of Movement - Lynne Anne Blom 1988-12-15
Dance improvisation, the intriguing phenomenon of the creative process alive in the moving body, exists

powerfully, sublimely - lending insight, solving problems, allowing moments of transcendence, diversion, and delight. Flourishing especially since the postmodern movement of the 1960s, it has come into its own in the performing arts. While there are many books containing ideas for developing improvisations, few have tackled the difficult questions: "What is dance improvisation?" "How does it work?" or "What is its body of knowledge?" The Moment of Movement goes beyond lists of improvisations and into the heart of improvising. As in their previous book, The Intimate Act of Choreography, the authors pursue both the philosophical and the practical. They begin by examining the creative process as it applies to movement and especially the kinesthetic way in which the body knows and uses movement. They answer the often unstated and pertinent questions of the novice; investigate the particular skills and traits needed by the leader; consider ways of working with specific populations; and provide challenging material for advanced movers. They discuss the use of music, and the specific situation of improvisation in performance. For leaders who want to design their own improvisations, they trace the evolution of an idea into an actual content and structure. They also address the controversial issue of the legitimacy of improvisation in an academic curriculum. A final chapter presents hundreds of improvs and improv ideas, grouped into units and cross-referenced. The Moment of Movement is not tied to any one point of view. The authors' presentation of a broad range of material is flexible enough for use by choreographers, directors, educators, and therapists. In its perceptive investigation of the experiential and conceptual aspects of dance improvisation, this book articulates the ephemeral.

Pneumologische Prävention und Rehabilitation - Wolfgang Petro 2013-03-13

Medizinische Monatsschrift - 1953

Bibliography of Medical Reviews - 1971

The Transactions of the Royal Irish Academy - Royal Irish Academy (Dublin) 1871

Inklusiver Sport- und Bewegungsunterricht - Martin Giese 2017-05-15

In diesem Buch werden von insgesamt 25 Autorinnen und Autoren interdisziplinäre Erkenntnisse aus der Behindertenpädagogik für den inklusiven Sport- und Bewegungsunterricht in der Schule ausgewertet. Die Ergebnisse werden nach den offiziellen Förderschwerpunkten systematisiert und für die Praxis in Schule und Unterricht aufbereitet. Das Buch richtet sich vornehmlich an die im inklusiven Schulsystem tätigen Sportfachkräfte, die oftmals mit dem Thema Inklusion konfrontiert sind, ohne dafür ausgebildet worden zu sein. Darüber hinaus bietet es allen im schulischen und außerschulischen Kinder- und Jugendsport tätigen Fachkräften vielfältige Hilfen und Anregungen, um den Anspruch der individuellen Förderung durch Bewegung, Spiel und Sport zu verwirklichen.

Wer ist wer? - 2008

Deutsche Bibliographie - 1990

New York, Actually - Sarah Morgan 2017-05-30

One man. One woman. Two dogs. Meet Molly—New York's most famous advice columnist, she considers herself an expert

at relationships...as long as they're other people's. Still bruised from her last breakup, Molly is in no rush to find happily-ever-after—the only love of her life is her dalmatian, Valentine. Meet Daniel—A cynical divorce lawyer, he's hardwired to think relationships are a bad idea. If you don't get involved, no one can get hurt. Until he finds himself borrowing a dog to meet the gorgeous woman he sees running in Central Park every morning... Molly and Daniel both think they know everything about relationships. But as they try—and fail—to resist their undeniable chemistry, they'll soon discover they just might have a lot left to learn...

Körperliche Aktivität und Gesundheit - Winfried Banzer 2016-11-15

Dieses Buch stellt dar, wie hilfreich Bewegung und Sport bei Krankheiten sein kann, wie die Lebensqualität von Patienten gesteigert wird und Aktivität zudem als präventive Maßnahme dient. Neben den Grundlagen der Trainingslehre und der sportmedizinischen Aspekte wird ausführlich auf den Einsatz von körperlicher Bewegung bei diversen Grunderkrankungen und somatischen Störungen eingegangen. Das Buch richtet sich an Ärzte, die ihre Patienten zum einen bzgl. sportlicher Betätigung bei verschiedenen Erkrankungen beraten und zum anderen entsprechende Angebote bieten möchten. Außerdem gibt es einen Überblick über die zahlreichen Einsatzmöglichkeiten von körperlicher Aktivität über die gesamte Lebensspanne hinweg.

Verzeichnis lieferbarer Bücher - 1988

Börsenblatt für den deutschen Buchhandel - 1990

Münchener medizinische Wochenschrift - 1934

