

Example Gynecological Exam Write Up

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Fast Facts About the Gynecologic Exam - R. Mimi Secor, DNP, FNP-BC, NCMP, FAANP
2017-10-28

"This is an extraordinarily down-to-earth and useful guide for both novice clinicians and experienced clinicians who are presented with challenging patient situations. ... a must-have book for novice clinicians as they struggle to make it through their first solo gynecologic examination and move on to mastering the art of caregiving as well as the science of providing the best possible individualized care for each woman across the life span." - Joellen W. Hawkins, PhD, RN, WHNP-BC; Professor Emeritus, Boston College, William F. Connell School of Nursing; Writer-in-Residence, Simmons College School of Nursing and Health Sciences This newly updated, step-by-step guide to the key points of conducting the GYN exam addresses everything both busy nurse practitioners and NP students need to know, from basic procedures to high-level challenges. Part I breaks down the GYN exam into clinical parts, emphasizing strategies to decrease anxiety and minimize discomfort at every stage of the exam. Part II walks the caregiver through the exam for women at every stage of the life span, sexually abused women, obese women, and women who have undergone genital mutilation. This second edition delivers an all-new chapter on providing care to transgender and LGBT women and also includes new information on intimate partner violence and working with adolescents and menopausal and older women. Comprehensive and organized for easy access to information, the book features prominently displayed key points, learning objectives, and "Fast Facts in a Nutshell" boxes based on the authors' more than 40 years of teaching experience. Along with the most up-to-date information on STIs, Pap guidelines across the life span, and recommendations on the well-woman exam, this concise guide comes with a wealth of essential resources, including links to instructional videos and free apps for patient and practitioner education, adding to the book's value as an indispensable, quick-access guide to delivering excellent holistic care to women. New to the Second Edition: New chapter on examining the transgender and LGBT woman Latest information on intimate partner violence Updates on examining adolescents and menopausal and older women New information on female genital mutilation New CDC STD, PAP, and ACOG Guidelines Links to instructional videos Free apps for patient and practitioner education Key Features: Delivers easy-to-read, bulleted information in a convenient pocket size Provides learning objectives, key points, and Fast Facts in a Nutshell Includes tips on examining special populations including obese, anxious, multiparous, pediatric, menopausal, and older patients and transgender/LGBTQ Serves as a refresher for those studying for the WHNP Exam

Selected Practice Recommendations for Contraceptive Use - World Health Organization. Reproductive Health and Research 2005

This document is one of two evidence-based cornerstones of the World Health Organization's (WHO) new initiative to develop and implement evidence-based guidelines for family planning. The first cornerstone, the Medical eligibility criteria for contraceptive use (third edition) published in 2004, provides guidance for who can use contraceptive methods safely. This document, the Selected practice recommendations for contraceptive use (second edition), provides guidance for how to use contraceptive methods safely and effectively once they are

deemed to be medically appropriate. The recommendations contained in this document are the product of a process that culminated in an expert Working Group meeting held at the World Health Organization, Geneva, 13-16 April 2004.

Pick Up and Oocyte Management - Antonio Malvasi 2019-11-28

This richly illustrated book focuses on one of the specific and crucial steps of the Medically Assisted Procreation techniques that is often overlooked: the oocyte pick-up. Enhanced by a large number of high-quality pictures, this atlas of oocyte retrieval comprehensively describes important aspects such as the setting of the ultrasonic equipment, the choice of needle, the layout of the devices in the room and the technique to be used, which, if not properly handled, can lead to erroneous behaviors. The original and detailed illustrations, mainly microscopic images and explanatory drawings, help readers to better understand how to manage all the phases of the ovarian pick-up and oocyte management. This practical atlas provides a valuable guide for all specialists who want to improve their skills and gain confidence with the MPA techniques.

Pediatric and Adolescent Gynecology - S. Jean Herriot Emans 1977

The #1 clinical reference on pediatric and adolescent gynecology is now in its updated Fifth Edition. Written by experts from The Children's Hospital in Boston and other leading medical centers, this handbook presents contemporary approaches to diagnosis and medical and surgical management of gynecologic problems in infants, children and adolescents. This edition features cutting-edge information on urology and complementary and alternative medicine and expanded coverage of surgical techniques for correcting structural abnormalities of the reproductive tract. More than 400 illustrations including 8 pages of full-color plates complement the text. The book also includes outstanding algorithms and tables and abundant case examples.

Clinical Case Studies for the Family Nurse Practitioner - Leslie Neal-Boylan 2011-11-28

Clinical Case Studies for the Family Nurse Practitioner is a key resource for advanced practice nurses and graduate students seeking to test their skills in assessing, diagnosing, and managing cases in family and primary care. Composed of more than 70 cases ranging from common to unique, the book compiles years of experience from experts in the field. It is organized chronologically, presenting cases from neonatal to geriatric care in a standard approach built on the SOAP format. This includes differential diagnosis and a series of critical thinking questions ideal for self-assessment or classroom use.

Part 3 MRCOG - Lisa Joels 2016-09-15

The definitive guide for Part 3 MRCOG candidates, written by the two examiners leading the development of the new exam.

Laboratory Manual for Physical Examination & Health Assessment - Carolyn Jarvis 2015-02-13

Get hands-on practice with physical examination and assessment skills! Corresponding to the chapters in Carolyn Jarvis' Physical Examination & Health Assessment, 7th Edition, this lab manual offers a variety of activities, exercises, and checklists to prepare you for the skills laboratory and clinical setting. And with the new NCLEX® exam-style review questions, you'll be ready to apply your knowledge and to succeed on the NCLEX exam. A variety of learning

activities test your understanding with multiple-choice, short answer, fill-in-the-blank, matching, and review questions. Clinical objectives for each chapter help you study more efficiently and effectively. Regional write-up sheets familiarize you with physical examination forms and offer practice in recording narrative accounts of patient history and examination findings. Anatomy labeling exercises offer additional practice with identifying key anatomy and physiology. Narrative summary forms reflect the charting format used for narrative accounts of health history and for physical examination findings. A comprehensive glossary provides fast, easy access to key terminology and definitions. Reading assignments help you review corresponding chapters in the textbook and include page references. Audio-visual assignments tie videos of specific examination procedures to practical applications in the lab. NEW NCLEX® exam-style review questions help to prepare you for the NCLEX exam. NEW evidence-based guidelines reflect a focus on conducting the most effective, qualitative exams. NEW content on the Electronic Health Record, charting, and narrative recording includes examples of how to document assessment findings.

Textbook of Physical Diagnosis E-Book - Mark H. Swartz 2020-02-03

Mastering each aspect of the patient interview and physical exam is fundamental to medical education, resulting in more accurate diagnostic skills, more effective patient management, and better patient outcomes! Dr. Swartz's Textbook of Physical Diagnosis is a highly respected reference in this critical area, offering a compassionate, humanistic approach to the art and science of interviewing and physical examination. From cover to cover, you'll learn how your interpersonal awareness is just as important in physical diagnosis as your level of skill - and why clinical competence in this area is essential for physicians, nurse practitioners, physician assistants, and all members of the healthcare profession. Explores how cultural differences can influence communication, diet, family relationships, and health practices and beliefs - which may affect your approach to a patient's treatment. Features hundreds of high-quality color images, an easy-to-use design, and detailed descriptions of practical techniques throughout. Offers clear, easy-to-understand explanations of interviewing and examination techniques, clinical presentations, pathophysiology, complementary and alternative medicine, and physical diagnosis standards and tests. All chapters completely reviewed and revised. Features a new chapter on deconstructing racism and bias in clinical medicine. Provides expanded coverage of the musculoskeletal system with more specialty examinations of joints. Emphasizes precision, accuracy, and critical thinking in clinical assessment. Highlights clinical ethics and professionalism. Includes more than 6 hours of in-depth video, featuring step-by-step key aspects of the physical examination for adults, toddlers, and newborns, important interviewing scenarios, and audio of heart and lung sounds. Evolve Instructor site with an image and video collection is available to instructors through their Elsevier sales rep or via request at <https://evolve.elsevier.com>.

Handbook of Gynecology - Donna Shoupe 2017-10-30

Covering all aspects of gynecology commonly encountered in day-to-day practice, this exhaustive work provides a practical, one-stop reference work for clinicians working in the field. This carefully-designed volume includes ten sections, beginning with comprehensive coverage of office-based gynecology, and continuing on to present disease processes and management information by patient age group. Each chapter includes background information, current recommendations for screening, diagnostic criteria, common and uncommon associated problems, approach to diagnosis, summary of treatment options, and an overview of ICD-9/10 codes for specific diagnoses. The handbook concludes with an easy-to-navigate presentation of minimally-invasive operations, surgical procedures, neoplasms, and pathology. Advantages and risks associated with management of particular diseases are covered, along with multiple tips for avoiding complications. Edited by experts and presenting the most recent developments in gynecological practice, The Handbook of Gynecology is an invaluable reference for OB/GYNs, family medicine and internal medicine clinicians, medical students, residents, physician

assistants, nurse practitioners, and other healthcare providers.

Colorectal Cancer Screening - Joseph Anderson, MD 2011-04-23

Colorectal Cancer Screening provides a complete overview of colorectal cancer screening, from epidemiology and molecular abnormalities, to the latest screening techniques such as stool DNA and FIT, Computerized Tomography (CT) Colonography, High Definition Colonoscopes and Narrow Band Imaging. As the text is devoted entirely to CRC screening, it features many facts, principles, guidelines and figures related to screening in an easy access format. This volume provides a complete guide to colorectal cancer screening which will be informative to the subspecialist as well as the primary care practitioner. It represents the only text that provides this up to date information about a subject that is continually changing. For the primary practitioner, information on the guidelines for screening as well as increasing patient participation is presented. For the subspecialist, information regarding the latest imaging techniques as well as flat adenomas and chromoendoscopy are covered. The section on the molecular changes in CRC will appeal to both groups. The text includes up to date information about colorectal screening that encompasses the entire spectrum of the topic and features photographs of polyps as well as diagrams of the morphology of polyps as well as photographs of CT colonography images. Algorithms are presented for all the suggested guidelines. Chapters are devoted to patient participation in screening and risk factors as well as new imaging technology. This useful volume explains the rationale behind screening for CRC. In addition, it covers the different screening options as well as the performance characteristics, when available in the literature, for each test. This volume will be used by the sub specialists who perform screening tests as well as primary care practitioners who refer patients to be screened for colorectal cancer.

Colposcopy and Treatment of Cervical Precancer [OP] - Department of Obstetrics and Gynaecology Walter Prendiville 2017-06

This colposcopy manual was developed in the context of the cervical cancer screening research studies of the International Agency for Research on Cancer (IARC) and the related technical support provided to national programs. It is thus a highly comprehensive manual, both for the training of new colposcopists and for the continuing education and reorientation of those who are more experienced. This manual offers a valuable learning resource, incorporating recent developments in the understanding of the etiology and pathogenesis of cervical intraepithelial neoplasia (CIN), as well as in colposcopy and cervical pathology. Expertise in performing satisfactory, safe, and accurate colposcopic examinations requires high competence in the technical, interpretive, and cognitive aspects, and the capability to develop pragmatic and effective management plans and treatment. This comprehensive and concise manual covers all these aspects and serves as a useful handbook for acquiring the necessary skills for the visual recognition and interpretation of colposcopic findings and for developing the personal and professional attributes required for competence in colposcopy.

Clinical Practice Handbook for Safe Abortion - World Health Organization 2014

The Clinical practice handbook for safe abortion care is intended to facilitate the practical application of the clinical recommendations from the second edition of Safe abortion: technical and policy guidance for health systems (World Health Organization [WHO] 2012). While legal, regulatory, policy and service-delivery contexts may vary from country to country, the recommendations and best practices described in both of these documents aim to enable evidence-based decision-making with respect to safe abortion care.

Feeling Medicine - Kelly Underman 2020-08-18

The emotional and social components of teaching medical students to be good doctors The pelvic exam is considered a fundamental procedure for medical students to learn; it is also often the one of the first times where medical students are required to touch a real human being in a professional manner. In Feeling Medicine, Kelly Underman gives us a look inside these gynecological teaching programs, showing how they embody the tension between scientific

thought and human emotion in medical education. Drawing on interviews with medical students, faculty, and the people who use their own bodies to teach this exam, Underman offers the first in-depth examination of this essential, but seldom discussed, aspect of medical education. Through studying, teaching, and learning about the pelvic exam, she contrasts the technical and emotional dimensions of learning to be a physician. Ultimately, *Feeling Medicine* explores what it means to be a good doctor in the twenty-first century, particularly in an era of corporatized healthcare.

Clinical Obstetrics and Gynecology - Sharmila Arun Babu 2020-04-01

This book is specifically designed to cover important clinical cases and practical viva voce topics in obstetrics gynaecology, making it a one-stop solution for medical students and practicing clinicians

A Practical Manual to Labor and Delivery for Medical Students and Residents - Shad Deering MD 2009-05-11

This book is meant to bridge the gap between small handbooks that do not contain enough material to understand why you are doing certain things and large textbooks that lack the practical information you need for how to do specific procedures, write notes, orders, and dictations. After reading it, you will be prepared to care for an obstetric patient from the moment they arrive in triage until the time they are discharged. You will understand not only how to perform both simple and complicated procedures, but also why they are necessary, and you will have the answers to the most common pimp questions that are asked of students and residents. The most up-to-date literature and evidence-based recommendations have been used to create simple treatment algorithms for the most common issues you will face, and numerous illustrations are included for clarity as well. Because of its focus, this book is also valuable resource for staff physicians who need an updated text on current obstetric care as well as for those who regularly interact with and teach medical students and residents.

100 Cases in Obstetrics and Gynaecology - Cecilia Bottomley 2008-01-25

A 24-year-old woman is referred from the emergency department with sudden onset of left iliac fossa pain and you are the medic on duty...100 Cases in Obstetrics and Gynaecology presents 100 commonly seen obstetric and gynaecological scenarios. The patient's history, examination and initial investigations are presented along with questions on the di

Gunner Goggles Obstetrics and Gynecology E-Book - Hao-Hua Wu 2018-08-07

The Gunner Goggles Series is the first exam prep resource written by a high-scoring peer group of medical students, ensuring the most practical and efficient study guidance. It organizes topics around the USMLE and NBME content outlines for the required shelf exams and features state-of-the-art Augmented Reality (AR) mobile application to extend learning beyond the book. This innovative series features AR opportunities throughout the text for an integrated print-mobile experience that maximizes learning and test preparation. The Gunner Goggle function allows you to scan pages for integrated AR links, unlocking animations, visuals, and 3D models that clarify complex anatomy, conditions, and concepts in a remarkably effective and unique manner.

Gunner Goggles Series: Ob-Gyn is one of seven authoritative exam preparation guides that use cutting-edge AR technology to fully prepare you for the NBME clinical shelf exams, the USMLE Step 2 Clinical Knowledge (CK) exam, and successful clinical rotations. Topics are organized around the USMLE and NBME content outlines for specific shelf exams, and information is presented in a highly templated, concise manner. The Augmented Reality application allows you to efficiently study and learn using an integrated print-mobile approach. In addition to unlocking animations and other visuals, AR app access also includes additional content, links to provide feedback to the authors, community pages, and more. All test topics are covered in just enough detail to help you hone in on key points you must know for exam success. Unique! Every disease is described by its stem clues (buzzwords that appear in question stems) and prophylactic measures (PPx), mechanism (MoD), diagnostic tests (Dx) and treatment/management principles (Tx/Mgmt) - the four "Physician Tasks" that the NBME requires students to know about each

disease. You'll also get real-world tips for your clinical rotations from your peers - information that won't show up on the shelf exam but is ideal for maximum impact when on rounds (knowing the prognosis for a specific disease, for example). Plus ... effective study techniques, sample study schedules, tips and tricks to better retain information learned from review questions, and methods to self-generate mnemonics. Edited, written, and crowdsourced by high-performing medical students and residents and reviewed by experts in the field to ensure accuracy, relevancy, and accessibility. Titles in the Gunner Goggles series: Family Medicine • Print ISBN: 978-0-323-51034-9 • e-Book ISBN: 978-0-323-52756-9 Medicine • Print ISBN: 978-0-323-51035-6 • e-Book ISBN: 978-0-323-52758-3 Neurology • Print ISBN: 978-0-323-51036-3 • e-Book ISBN: 978-0-323-52760-6 Ob-Gyn • Print ISBN: 978-0-323-51037-0 • e-Book ISBN: 978-0-323-52768-2 Pediatrics • Print ISBN: 978-0-323-51038-7 • e-Book ISBN: 978-0-323-52763-7 Psychiatry • Print ISBN: 978-0-323-51039-4 e-Book ISBN: 978-0-323-52765-1 Surgery • Print ISBN: 978-0-323-51040-0 • e-Book ISBN: 978-0-323-52767-5

The Immortal Life of Henrietta Lacks - Rebecca Skloot 2010-02-02

#1 NEW YORK TIMES BESTSELLER • "The story of modern medicine and bioethics—and, indeed, race relations—is refracted beautifully, and movingly."—Entertainment Weekly NOW A MAJOR MOTION PICTURE FROM HBO® STARRING OPRAH WINFREY AND ROSE BYRNE • ONE OF THE "MOST INFLUENTIAL" (CNN), "DEFINING" (LITHUB), AND "BEST" (THE PHILADELPHIA INQUIRER) BOOKS OF THE DECADE • ONE OF ESSENCE'S 50 MOST IMPACTFUL BLACK BOOKS OF THE PAST 50 YEARS • WINNER OF THE CHICAGO TRIBUNE HEARTLAND PRIZE FOR NONFICTION NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • Entertainment Weekly • O: The Oprah Magazine • NPR • Financial Times • New York • Independent (U.K.) • Times (U.K.) • Publishers Weekly • Library Journal • Kirkus Reviews • Booklist • Globe and Mail Her name was Henrietta Lacks, but scientists know her as HeLa. She was a poor Southern tobacco farmer who worked the same land as her slave ancestors, yet her cells—taken without her knowledge—became one of the most important tools in medicine: The first "immortal" human cells grown in culture, which are still alive today, though she has been dead for more than sixty years. HeLa cells were vital for developing the polio vaccine; uncovered secrets of cancer, viruses, and the atom bomb's effects; helped lead to important advances like in vitro fertilization, cloning, and gene mapping; and have been bought and sold by the billions. Yet Henrietta Lacks remains virtually unknown, buried in an unmarked grave. Henrietta's family did not learn of her "immortality" until more than twenty years after her death, when scientists investigating HeLa began using her husband and children in research without informed consent. And though the cells had launched a multimillion-dollar industry that sells human biological materials, her family never saw any of the profits. As Rebecca Skloot so brilliantly shows, the story of the Lacks family—past and present—is inextricably connected to the dark history of experimentation on African Americans, the birth of bioethics, and the legal battles over whether we control the stuff we are made of. Over the decade it took to uncover this story, Rebecca became enmeshed in the lives of the Lacks family—especially Henrietta's daughter Deborah. Deborah was consumed with questions: Had scientists cloned her mother? Had they killed her to harvest her cells? And if her mother was so important to medicine, why couldn't her children afford health insurance? Intimate in feeling, astonishing in scope, and impossible to put down, *The Immortal Life of Henrietta Lacks* captures the beauty and drama of scientific discovery, as well as its human consequences.

Fast Facts about the Gynecologic Exam for Nurse Practitioners - R. Mimi Secor, DNP, FNP-BC, NCMP, FAANP, FAAN 2012-06-27

ïThis is an extraordinarily down-to-earth and useful rapid review guide for both novice and experienced clinicians. Most of all, this book is a gold mine for clinicians committed to delivering the best possible care to women with a wide range of characteristics and challenges.ï From the Foreword by Joellen W. Hawkins, RN, WHNP-BC, PhD Professor Emeritus, Boston College, Connell School of Nursing Writer-in-Residence, Simmons College School of Nursing and Health

Sciences This step-by-step guide to the key points of conducting the GYN exam addresses everything a nurse practitioner needs to know, from basic procedures through high-level challenges. The concise and accessible guide discusses strategies to decrease patient anxiety, minimize discomfort, and navigate such challenging scenarios as working with virginal women, premenarchal girls, elderly women, and sexually abused women. It includes difficult-to-find information on how to locate key organs in obese women and how to handle patients who have undergone female genital mutilation. This handy guide also covers diagnostic skills and includes the Fast Facts in a Nutshell summary feature. Key Features: Provides a comprehensive, accessible, step-by-step review of conducting the GYN exam for novice and seasoned NPs Covers diagnostic procedures including vaginal microscopy, how to obtain a vaginal and anal Pap smear, as well as samples for testing for STIs, and much more Provides tips on how to examine special populations, including overweight, anxious, multiparous, pediatric, menopausal, and elderly patients, with skill and confidence

Gynaecological Examinations - 2002

Health Care of Women - Joellen Watson Hawkins 1982

The Oral OB/GYN Board Exam - Anita Krishna Das 2002

This concise, step-by-step guide to preparing for and taking the oral exam for board certification in Obstetrics/Gynecology has been completely updated to reflect recent changes in format and topics. Since the advent of managed care, board certification has taken on greater importance. This text provides effective strategies for caselist collection, format and defense, along with other tips and advice for persuasively articulating one's knowledge of the field.

Pocket Guide to Gerontologic Assessment - Annette Giesler Lueckenotte 1998

A practical reference for nurses assessing the health status of older adults in a variety of traditional and nontraditional settings. This book guides the nurse in the performance of a basic, comprehensive health assessment that covers all body systems. Well-organized, it provides a quick, ready reference when conducting either a focused assessment related to a specific body system or a complete health assessment. New to this edition is a chapter on nutritional assessment, a section identifying drugs that may influence assessment of the older client, sample documentation boxes at the end of each body system chapter that show how to record the collected subjective and objective data in an organized format, and a section on foot assessment. A new appendix includes a sample write-up of a complete history and physical examination. * Presents normal, variations of normal, and deviations from normal findings to help the nurse make accurate assessments. * Includes functional, cognitive, affective, and social assessment screening tools to augment traditional health assessment tools. * Offers a brief overview of anatomy and physiology and age-related changes to identify unique differences of the older adult population. * Features Client Teaching boxes to provide practical advice on health promotion and illness prevention. * Includes a sample health history format that is comprehensive and adaptable to any client population and setting. * Presents an assessment approach that maintains a nursing focus that is adaptable to any setting and useful at any point in the continuum of care. * Emphasizes aged-specific and aged-appropriate assessment techniques throughout the book. * Makes generous use of tables and boxes to provide quick reference of key information. * Presents physical examination in a two-column format to assist the nurse in performing assessment in an orderly, head-to-toe manner. * Uses a consistent format and practical use of second color to make information easy to find and use. * Includes numerous detailed illustrations to highlight assessment techniques. * Serves both the novice nurse learning the skills of older adult health assessment and the experienced practitioner in a portable, easy-to-use reference. Explores four components of older adult nutritional assessment in a clear, concise format. Includes a sample exam write-up to show how to document findings in a clear, concise manner using accepted terminology and abbreviations. Features a new section on

obtaining the health history that identifies drugs that may influence assessment of the older client. Expands content on the musculoskeletal system to include current information on foot assessment of the older adult. Includes a sample write-up of a complete history and physical examination.

Pelvic Ring Fractures - Axel Gänsslen 2020-11-25

This book provides in-depth coverage of all aspects of pelvic ring fractures and their management. The opening chapters supply essential information on surgical anatomy, biomechanics, classification, clinical evaluation, radiological diagnostics, and emergency and acute management. The various operative techniques, including navigation techniques, that have been established and standardized over the past two decades are then presented in a step-by-step approach. Readers will find guidance on surgical indications, choice of approaches, reduction and fixation strategies, complication management, and optimization of long-term results. Specific treatment concepts are described for age-specific fractures, including pediatric and geriatric injuries, and secondary reconstructions. Pelvic ring fractures represent challenging injuries, especially when they present with concomitant hemodynamic instability. This book will help trauma and orthopaedic surgeons at all levels of experience to achieve the primary treatment aim of anatomic restoration of the bony pelvis to preserve biomechanical stability and avoid malunion with resulting clinical impairments.

Gunner Goggles Obstetrics and Gynecology - Hao-Hua Wu 2018-04

What's Up Down There? - Lissa Rankin, MD 2010-09-28

In this funny, outrageous and empowering book, Dr. Lissa Rankin answers all the secret gynecological questions that most women wonder about, but have always been afraid to ask. Suppose you had a wise, warm, funny best friend-who just happened to be a gynecologist. You're out with the girls for cocktails and the conversation turns to sex, and then to girly parts. One by one, you start asking her all the questions you've secretly wondered about-and discover that you have a lot in common. If you were to write those questions down, then you'd have What's Up Down There?, a life-changing little book that answers: - Do old ladies have saggy vaginas? - How do male gynecologists have a sex life without feeling like they're stuck at the office? - Is it normal for your inner labia to hang out of your outer labia? - Can the baby feel its mom having sex during pregnancy? - How common is it for one's boobs to be two totally different sizes? And so much more! As outrageously funny as it is empowering, this book reveals how to love yourself and your body-and will have you recommending it to every woman you know. From off-the wall sex questions to serious topics of women's sexual health, What's Up Down There? provides answers to women of all ages and stages.

Crash Course Obstetrics and Gynaecology - E-Book - Chidimma Onwere 2014-01-26

The new series of Crash Course continues to provide readers with complete coverage of the MBBS curriculum in an easy-to-read, user-friendly manner. Building on the success of previous editions, the new Crash Courses retain the popular and unique features that so characterised the earlier volumes and are fully updated throughout. More than 350 tables and illustrations present clinical, diagnostic and practical information in an easy-to-follow manner Friendly and accessible approach to the subject makes learning especially easy Written by junior doctors for students - authors who understand exam pressures Contains 'Hints and Tips' boxes, and other useful aide-mémoires Succinct coverage of the subject enables 'sharp focus' and efficient use of time during exam preparation Contains a fully updated self-assessment section - ideal for honing exam skills and self-testing Self-assessment section fully updated to reflect current exam requirements Contains 'common exam pitfalls' as advised by faculty Crash Courses also available electronically! Online self-assessment bank also available - content edited by Dan Horton-Szar! Feeling daunted? Worried about passing your exams? Need to brush up on a particular topic? Then Crash Course is for you!! Now celebrating over 10 years of success - Crash Course has been specially devised to help you get through your exams with ease. Completely revised and

updated throughout, the new edition of Crash Course is perfectly tailored to meet your needs by providing everything you need to know in one place. Clearly presented in a tried and trusted, easy-to-use, format, each book in the series gives complete coverage of the subject in a no-nonsense, user-friendly fashion. Commencing with 'Learning Objectives', each chapter guides you succinctly through the topic, giving full coverage of the curriculum whilst avoiding unnecessary and often confusing detail. Each chapter is also supported by a full artwork programme, and features the ever popular 'Hints and Tips' boxes as well as other useful aide-mémoires. All volumes contain an up-to-date self-assessment section which allows you to test your knowledge and hone your exam skills! Authored by students or junior doctors - working under close faculty supervision - each volume has been prepared by someone who has been in the exam situation and so can relate closely to your needs. So whether you need to get out of a fix or aim for distinction Crash Course is for you!! Be safe - rely on Crash Course!

Breast & Gynecological Diseases - Mahesh K. Shetty 2021-06-24

This book is primarily a symptom-based guide to Breast and Gynecologic Imaging. Most clinical publications focus on a specific pathology such as "Imaging and/or management of ovarian cancer," but in clinical practice, patients do not present with a diagnosis. Physicians are presented with clinical symptoms, and appropriate use of imaging after a clinical assessment is critical from the point of view of effective intervention to treat a patient. CMS now mandates a clinical decision support system to justify imaging. This is based on making use of appropriate modalities for specific clinical problems that are deemed so by professional society guidelines. In an era of emphasis on cost effective, high quality health care delivery, it is critical for clinicians in training and practice to have a resource that outlines scientifically sound and professional society endorsed criteria for appropriate work up of patients' symptoms. This book applies this symptom-based approach to women's health. Authors are focused on providing a scientifically proven resource to gynecologists, obstetricians, radiologists and internists involved in the management of common symptoms affecting women. Each chapter is based on a common breast or gynecological problem and how patients are triaged for imaging. The implications of the findings and the most appropriate management of the patient are also presented. The text focuses on providing the most effective methods currently available to investigate commonly encountered symptoms in women's health. In addition, there are chapters that outline rationale of screening for breast cancer in women with an average risk and those with an elevated risk for breast cancer as well as a clinician guide to understanding multidisciplinary approach to the Breast cancer patient. This is an ideal guide for gynecologists, obstetricians, radiologists, and internists working in women's health.

Advanced Pediatric Assessment Set - Ellen M. Chiocca, PhD, CPNP, RNC-NIC 2019-09-15

Everything you'll need to learn advanced pediatric assessment in one handy and affordable set! This set delivers the specialized knowledge and skills for pediatric health and illness assessment alongside corresponding critical thinking exercises, case studies, and certification-style exam questions. Comprehensive and detailed, it emphasizes the unique anatomic and physiologic differences among infants, children, and adults. The textbook, now in FOUR-COLOR, newly addresses toxic stress and trauma-informed care and child witnesses to violent acts. Additionally, the book provides several new features facilitating quick access to key information along with NEW instructor and student resources. The study guide delivers a completely new chapter that covers clinical decision-making, formulating differential diagnoses, and evidence-based practice and also provides SOAP notes for the well and abnormal exams. New to the Third Edition: All new FOUR-COLOR presentation in the textbook NEW instructor resources (Power Points, Test Bank, Image Bank) Updated clinical practice guidelines Clinical decision making, formulating differential diagnoses, and evidence-based practice Immigrant and refugee health Toxic stress and trauma-informed care Family, developmental, nutritional, and child mistreatment assessment Key Features: Includes clinical practice guidelines for common medical conditions Incorporates up-to-date screening and health promotion guidelines Provides

exam-style essential practice items for the exam Includes Anatomic Labeling Exercises to reinforce required knowledge Delivers essential terminology Offers sample documentation and space for students to practice their own documentation skills.

Managing Complications in Pregnancy and Childbirth - 2003

The emphasis of the manual is on rapid assessment and decision making. The clinical action steps are based on clinical assessment with limited reliance on laboratory or other tests and most are possible in a variety of clinical settings.

Having a Pelvic Exam and Pap Test - 1996

NMS Review for the USMLE Clinical Skills Exam - Erich A. Arias 2008

This fully revised Second Edition offers a complete review for the USMLE Step 2 Clinical Skills (CS) exam. It covers all diseases encountered on the exam and prepares students to interact with patients, take a good medical history, perform a focused physical examination, develop a workup plan, and write an organized patient note. Numerous sample cases and patient notes are included. This edition has new chapters on ethics in primary care; Step 2 cases and medical notes; and trauma medical notes. A new chapter format and design highlights essential information: chief complaint, questions to ask, key points, and workup plan.

DeGowin's Diagnostic Examination, Ninth Edition - Richard LeBlond 2008-08-17

The perfect "bridge" book between physical exam textbooks and clinical reference books Covers the essentials of the diagnostic exam procedure and the preparation of the patient record Includes overviews of each organ/region/system, followed by the definition of key presenting signs and their possible causes Unrivaled in its comprehensive coverage of differential diagnosis, organized by systems, signs, and syndromes

Advanced Pediatric Assessment, Third Edition - Ellen M. Chiocca, PhD, CPNP, RNC-NIC 2019-08-28

Underscores the unique health needs of children at different ages and developmental stages This is the only text/reference book to deliver the specialized knowledge and skills needed to accurately assess children during health and illness. Comprehensive and detailed, it emphasizes the unique anatomic and physiologic differences among infants, children, and adults. The third edition features updated clinical practice guidelines, clinical decision-making, formulating differential diagnoses, and evidence-based practice. It newly addresses toxic stress and trauma-informed care and child witnesses to violent acts. Additionally, the book provides several new features facilitating quick access to key information along with new instructor and student resources. Using a body system that highlights developmental and cultural considerations, the text examines the physical and psychosocial principles of growth and development with a focus on health promotion and wellness. Especially useful features include a detailed chapter on helpful communication techniques when assessing children of various ages and developmental levels, a chapter on the assessment of child abuse and neglect, over 280 photos and charts depicting a variety of commonly encountered pediatric findings, and sample medical record documentation in each chapter. New to the Third Edition: Now in full-color! Now includes NEW instructor resources (Power Points, Test Bank, 4-color Image Bank) Updated clinical practice guidelines Clinical decision making, formulating differential diagnoses, and evidence-based practice Immigrant and refugee health Toxic stress and trauma-informed care Child witnesses to violent acts Content outline at the beginning of each chapter Call-out boxes summarizing key information Summary boxes on essential areas of physical exams Key Features: Focuses exclusively on the health history and assessment of infants, children, and adolescents Describes the unique anatomic and physiologic differences among infants, children, and adults Provides comprehensive and in-depth information for APN students and new practitioners Addresses family, developmental, nutritional, and child mistreatment assessment Includes clinical practice guidelines for common medical conditions Incorporates up-to-date screening and health promotion guidelines

A Textbook of Gynecology for Less-Resourced Locations - Heleen van Beekhuizen 2012-10
This textbook seeks to support young specialists, non-gynecologist doctors and other health personnel in low-resourced settings by providing evidence-based information about low-tech diagnostic and treatment options for common gynecological conditions such as gynecological cancers, problems in early pregnancy, contraception and gynecological bleeding disorders.

Clinical Methods - Henry Kenneth Walker 1990

A guide to the techniques and analysis of clinical data. Each of the seventeen sections begins with a drawing and biographical sketch of a seminal contributor to the discipline. After an introduction and historical survey of clinical methods, the next fifteen sections are organized by body system. Each contains clinical data items from the history, physical examination, and laboratory investigations that are generally included in a comprehensive patient evaluation.

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Advanced Health Assessment of Women, Second Edition - Helen Carcio, MS, MEd, ANP-BC 2010-01-25

This manual-style reference presents the clinical skills needed to assess health and provide care to women of all of ages, with systematic reviews of all aspects of female mental and bodily health. The authors and contributors comprehensively cover female reproduction, anatomy, and physiology as examined at the cellular level. Also discussed are developmental, psychological, and sociocultural dimensions of women. Offering an integrated approach to women's health care, the authors delineate the roles and functions of various health care providers serving female patients, including physician's assistants, nurse midwives, and nurse practitioners. The chapters present assessment strategies that are on the leading edge of the expanded role of the advanced practice clinician. The chapter authors provide full, in-depth discussions of each assessment skill and technique as well as an understanding of the rationale behind each assessment. Key Topics Discussed: Health assessment: physical examinations, assessment of pregnant women, and assessment and clinical evaluation of obesity in women Female reproduction: anatomy, physiology, and the reproductive cycle Contraceptive devices: the diaphragm, intrauterine contraception, and contraceptive implants Assessment of women at risk: domestic violence, STIs, and sexual assault Assessment of the infertile woman: initial evaluations, donor insemination, and more

Advanced Pediatric Assessment - Ellen M. Chiocca 2010-03-01

Advanced Pediatric Assessment provides a detailed and comprehensive approach to obtaining the history and physical examination of children. It addresses the unique anatomic and physiologic differences between infants, children and adults so that PNPs, FNPs, and other practitioners can provide an accurate assessment during health and illness. Using a body system framework that highlights developmental and cultural considerations, the book emphasizes the physical and psychosocial principles of growth and development. Advanced Pediatric Assessment carries increased relevance today, with a focus on health promotion and wellness.

Primary Care Procedures in Women's Health - Cathryn B. Heath 2010-06-03

Despite the common perception that medicine is becoming specialty driven, there are many reasons for primary care providers to offer women's health procedures in an office setting. Women feel more comfortable having procedures done by providers whom they already know and trust. Continuity of care is still valued by patients, who trust their primary care providers to work with them as collaborators in the decision-making process. Women have found that their options for care have become limited, not by their own decision, but by the lack of training of their provider. In rural areas, the barriers of time, expense, and travel often prevent many women from obtaining necessary care; yet many of the procedures that these women are requesting are relatively easy to learn. Positive experiences are shared by women who then refer friends and family by word of mouth. This book has been designed to assist not only the clinician performing the procedures covered, but also the office staff with setting up the equipment tray prior to performing the procedure and with preparing office documents and coding information needed to complete the procedure. Most procedures covered can be done with a minimum investment in equipment and require minimal training.

Innovative Teaching Strategies in Nursing and Related Health Professions - Martha J. Bradshaw 2007

The Fourth Edition of this popular text expands on the third by taking an in-depth look at teaching strategies appropriate for educators working in all health related professions. Chapters present a broad range of strategies, as well as the learning environment to best use the strategies, detailed practical and theoretical information about the strategies, how to deal with problems that could occur, specific examples of the strategies as they have been used, and resources available for further information. Focusing on innovation, creativity, and evaluation, the strategies are developed for use in traditional classroom settings, technology-based settings, and clinical settings.