

Deepak Chopra The Spontaneous Fulfillment Of Desire

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Life After Death - Deepak Chopra, M.D. 2006-10-17
Deepak Chopra has touched millions of readers by demystifying our deepest spiritual concerns while retaining their poetry and wonder. Now he turns to the most profound mystery: What happens after we die? Is this one question we were not meant to answer, a riddle whose solution the universe keeps to itself? Chopra tells us there is abundant evidence that “the world beyond” is not separated from this world by an impassable wall; in fact, a single reality embraces all worlds, all times and places. At the end of our lives we “cross over” into a new phase of the same soul journey we are on right this minute. In *Life After Death*, Chopra draws on cutting-edge scientific discoveries and the great wisdom traditions to provide a map of the afterlife. It’s a fascinating journey into many levels of consciousness. But far more important is his urgent message: Who you meet in the afterlife and what

you experience there reflect your present beliefs, expectations, and level of awareness. In the here and now you can shape what happens after you die. By bringing the afterlife into the present moment, *Life After Death* opens up an immense new area of creativity. Ultimately there is no division between life and death—there is only one continuous creative project. Chopra invites us to become cocreators in this subtle realm, and as we come to understand the one reality, we shed our irrational fears and step into a numinous sense of wonder and personal power.

The Future of God - Deepak Chopra, M.D.
2014-11-11

From the New York Times Bestselling Author.
Can God be revived in a skeptical age? What would it take to give people a spiritual life more powerful than anything in the past? Deepak Chopra tackles these issues with eloquence and insight in this book.

He proposes that God lies at the source of human awareness. Therefore, any person can find the God within that transforms everyday life. God is in trouble. The rise of the militant atheist movement spearheaded by Richard Dawkins signifies, to many, that the deity is an outmoded myth in the modern world. Deepak Chopra passionately disagrees, seeing the present moment as the perfect time for making spirituality what it really should be: reliable knowledge about higher reality. Outlining a path to God that turns unbelief into the first step of awakening, Deepak shows us that a crisis of faith is like the fire we must pass through on the way to power, truth, and love. “Faith must be saved for everyone’s sake,” he writes. “From faith springs a passion for the eternal, which is even stronger than love. Many of us have lost that passion or have never known it.” In any age, faith is a cry from the heart. God is the higher consciousness that responds

to the cry. “By itself, faith can’t deliver God, but it does something more timely: It makes God possible.” For three decades, Deepak Chopra has inspired millions with his profound writing and teaching. With *The Future of God*, he invites us on a journey of the spirit, providing a practical path to understanding God and our own place in the universe. Now, is a moment of reinvigoration, he argues. Now is moment of renewal. Now is the future.

I Moved Your Cheese - Deepak Malhotra

2013-09-02

The author of *Negotiating the Impossible* “tackles our assumptions about business and life with humor, zest, and wisdom in this delightful fable” (Daniel H. Pink, New York Times-bestselling author). If you were a mouse trapped in a maze and someone kept moving the cheese, what would you do? In a world where most mice dutifully accept their

circumstances, ask no questions, and keep chasing the cheese, Deepak Malhotra tells an inspiring story about three unique and adventurous mice—Max, Big, and Zed—who refuse to accept their reality as given. *I Moved Your Cheese* reveals what is possible when we finally discard long-held and widely accepted assumptions about how we should live our lives. After all, achieving extraordinary success, personal or professional, has always depended on the ability to challenge assumptions, reshape the environment, and play by a different set of rules—our own. But rejecting deeply ingrained beliefs is not easy. As Zed explains, “You see, Max, the problem is not that the mouse is in the maze, but that the maze is in the mouse.” “Deepak Malhotra allows you to glimpse a world of your own making without the limits and barriers that others create.” —Stephen R. Covey, New York Times-bestselling author of *The 7 Habits of Highly*

Effective People “A magnificent story with a powerful message. As someone who has encouraged scores of professionals into breaking through the maze and defining their own pursuits, I find this to be a gem of a book.” —Vinod Khosla, cofounder, former CEO and Chairman, Sun Microsystems, and founder, Khosla Ventures “This book’s message is both profound and durable. Malhotra has left the maze, and so can we.” —Foreword Reviews

Heart Of The Soul - Gary Zukav 2012-12-11

In *THE SEAT OF THE SOUL*, Gary Zukav brilliantly set forth his concepts, explaining how the expansion of human perception beyond the five senses leads to a new understanding of 'authentic power'. Then, in *SOUL STORIES*, he revealed how such concepts as intuition, harmony, sharing and forgiveness actually express themselves in other people's lives. And now, in *THE HEART OF THE SOUL*, Zukav, together with his coauthor and

spiritual partner, Linda Francis, takes the next important step in showing us how to actually apply these crucial concepts in our daily lives. Zukav reveals how true emotional awareness can transform the human experience. Although it is challenging and difficult, because it means becoming aware of suppressed pain, it is also enormously rewarding. But first the determination to explore every aspect of consciousness, and to cultivate those that contribute the most to life, must replace the desire to bury painful emotions. Ultimately emotional awareness can free us from the compulsions, fixations, obsessions and addictions that block our spiritual development - among them anger, workaholism, perfectionism, obsessive eating, alcohol, drugs, sex - and allow us to live a fulfilling and meaningful life. THE HEART OF THE SOUL will be a revelation for readers - a soul tool with which we can forge a greater emotional awareness

to enable us to use our emotions in the creation of authentic power. It is a book to read not once, but several times, for it is a life-changing work that can transform our lives for the better.

Ageless Body, Timeless Mind - Deepak Chopra, M.D. 2009-02-04

Ageless Body, Timeless Mind goes beyond current anti-aging research and ancient mind/body wisdom to dramatically demonstrate that we do not have to grow old! Dr. Chopra shows us that, contrary to traditional beliefs, we can learn to direct the way our bodies and minds metabolize time and actually reverse the aging process -- thereby retaining vitality, creativity, memory, and self-esteem. In a unique program that includes stress reduction, dietary changes, and exercise, Dr. Chopra offers a step-by-step, individually tailored regimen for maximum living in exceptionally good health. For the young at heart, here is the most remarkable

approach yet to achieving unbound physical and spiritual potential.

Synchrodestiny - Deepak Chopra 2008-12-16

Dr Deepak Chopra, the bestselling pioneer in mind/body medicine, shows how coincidences are messages about the miraculous potential of each moment. He reveals how, through understanding the forces that shape coincidences, you can learn to live at a deeper level and access the flow of synchronicity that lies at the heart of existence. You can start to transform your life through full-contact living, in which all things will be within your reach. Discover: - That there's no such thing as a meaningless coincidence - The seven principles of synchrodestiny - Practical techniques for applying those principles The seeds of a perfect destiny lie within you. This remarkable book will show you how to release their potential and live a life more wondrous than dreams.

The Healing Self - DEEPAK. TANZI CHOPRA (RUDOLPH E.) 2019-01-03

Heal yourself from the inside out Our immune systems can no longer be taken for granted. Current trends in public healthcare are disturbing: our increased air travel allows newly mutated bacteria and viruses to spread across the globe, antibiotic-resistant strains of bacteria outstrip the new drugs that are meant to fight them, deaths due to hospital-acquired infections are increasing, and the childhood vaccinations of our aging population are losing their effectiveness. Now more than ever, our well-being is at a dangerous crossroad. But there is hope, and the solution lies within ourselves. The Healing Self is the new breakthrough book in self-care by bestselling author and leader in integrative medicine Deepak Chopra and Harvard neuroscientist Rudolph E Tanzi. They argue that the brain possesses its own lymphatic system,

meaning it is also tied into the body's general immune system. Based on this brand new discovery, they offer new ways of increasing the body's immune system by stimulating the brain and our genes, and through this they help us fight off illness and disease. Combined with new facts about the gut microbiome and lifestyle changes, diet and stress reduction, there is no doubt that this groundbreaking work will have an important effect on your immune system.

The Spontaneous Fulfillment of Desire - Deepak Chopra 2003

Explains how to access the everyday coincidences of life and how to understand and reconnect with the underlying field of infinite possibilities in order to fulfill one's deepest desires and transform one's life.

The Spontaneous Fulfillment of Desire - Deepak Chopra, M.D. 2003-10-21

As elegant as his bestselling *How to Know God* and

as practical as his phenomenal *The Seven Spiritual Laws of Success*, this groundbreaking new book from Deepak Chopra contains a dramatic premise: Not only are everyday coincidences meaningful, they actually provide us with glimpses of the field of infinite possibilities that lies at the heart of all things. By gaining access to this wellspring of creation, we can literally rewrite our destinies in any way we wish. From this realm of pure potential we are connected to everything that exists and everything that is yet to come. "Coincidences" can then be recognized as containing precious clues about particular facets of our lives that require our attention. As you become more aware of coincidences and their meanings, you begin to connect more and more with the underlying field of infinite possibilities. This is when the magic begins. This is when you achieve the spontaneous fulfillment of desire. At a time when world events

may leave us feeling especially insignificant and vulnerable, Deepak Chopra restores our awareness of the awesome powers within us. And through specific principles and exercises he provides the tools with which to create the magnificent, miraculous life that is our birthright.

The Way of the Wizard - Deepak Chopra, M.D.
2009-09-02

The author of the acclaimed New York Times bestsellers *The Seven Spiritual Laws of Success* and *Ageless Body, Timeless Mind* now presents a guide to using spiritual alchemy for awakening the magic in everyday life.

[Spiritual Solutions](#) - Deepak Chopra, M.D.
2012-03-27

Life is full of challenges, both big and small. Spirituality is here to offer solutions. Over the course of his career as physician, teacher, and bestselling author, Deepak Chopra has received

thousands of questions from people facing every kind of challenge. They have asked how to lead more fulfilling lives, how to overcome relationship problems and personal obstacles. What's the best way to deal with a passive-aggressive friend? Can a stagnant career be jump-started? In a world full of distractions and stress, how does one find time for meditation? Hidden among all of these questions are answers waiting to be uncovered. In this groundbreaking book, Chopra shows you how to expand your awareness, which is the key to the confusion and conflict we all face. "The secret is that the level of the problem is never the level of the solution," he writes. By rising to the level of the solution in your own awareness, you can transform obstacles into opportunities. Chopra leads the reader to what he calls "the true self," where peace, clarity, and wisdom serve as guides in times of crisis. For Chopra, spirituality is primarily about consciousness,

not about religious dogma or relying on the conventional notion of God. "There is no greater power for success and personal growth than your own awareness." With practical insight, Spiritual Solutions provides the tools and strategies to enable you to meet life's challenges from within and to experience a sense of genuine fulfillment and purpose.

The Path to Love - Deepak Chopra 1997

Renewing the power of spirit in your life.

The Book Of Secrets - Deepak Chopra 2009-01-19

Crafted with all the skills that have made his previous books bestsellers, The Book of Secrets will be essential reading for Deepak Chopra's huge number of followers worldwide, and also appeal to everyone searching for the meaning of life, and looking for answers to the questions: Who Am I? Where Did I Come From? and Why Am I Here? Each of the fifteen chapters discusses a 'secret' - such

as: The World Is In You; Transformation Is Not The Same As Change; Death Is Conquered By Dying Every Day; Everything Is Pure Essence. Chopra believes that 'Every life is a book of secrets ready to be opened', and that the only way to discover the answers to these secrets is to delve inside yourself, and cease to be a mystery to yourself. Only by going to 'the still point inside' can you see life as it really is.

The Third Jesus - Deepak Chopra 2008

Who is Jesus Christ? Spiritual leader Chopra provides an answer that is both a challenge to current systems of belief and a fresh perspective on what Jesus can teach us all, regardless of our religious background. There is not one Jesus, but three. First,

Persephone Rising - Carol S. Pearson 2015-10-13
Nautilus Award Winner In this empowering work, the bestselling author of The Hero Within and

Awakening the Heroes Within speaks to the heroine in every woman, offering potent strategies to forge lives of greater happiness and fulfillment—through activating the archetypes inherent in the ancient Greek myth of Demeter and Persephone. Our era of professional and familial pressures, constant connection, and a renewed debate on “having it all” presents unprecedented challenges to contemporary women. In *Persephone Rising*, celebrated scholar of depth psychology and archetypes Carol S. Pearson brings a fresh vision for meeting those challenges and rising above them, as only she can. Drawing on her profound understanding of myth's enduring power to catalyze transformations, Pearson guides readers on a journey of self-discovery, teaching us how to activate and apply the archetypes of Demeter and Persephone, as well as Zeus and Dionysus, in our own lives—empowering readers to see the

unexpected choices and opportunities available to us all. Illuminating ancient wisdom for a modern audience, *Persephone Rising* offers meaningful and effective strategies to answer the call to heroism in our own lives: to locate and harness the unique potential within each of ourselves, and ultimately to develop our own innate heroic gifts. Just as Demeter and Persephone discovered, in the midst of great difficulty, their own powers, gifts, and abilities for creating a better path not only for themselves, but the world, *Persephone Rising* teaches that each one of us has more options than choosing whether to lean in or out—we have the power to change ourselves, and thus our world.

Total Meditation - Deepak Chopra, M.D. 2020-09-22
The definitive book of meditation that will help you achieve new dimensions of stress-free living
For the past thirty years, Deepak Chopra has been at the forefront of the meditation revolution in the

West. Total Meditation offers a complete exploration and reinterpretation of the physical, mental, emotional, relational, and spiritual benefits that this practice can bring. Deepak guides readers on how to wake up to new levels of awareness that will ultimately cultivate a clear vision, heal suffering in your mind and body, and help recover who you really are. Readers will undergo a transformative process, which will result in an awakening of the body, mind, and spirit that will allow you to live in a state of open, free, creative, and blissful awareness twenty-four hours a day. With this book, Deepak elevates the practice of meditation to a life-changing quest for higher consciousness and a more fulfilling existence. He also incorporates new research on meditation and its benefits, provides practical awareness exercises, and concludes with a 52-week program of meditations to help revolutionize every aspect of your life.

The Essential Spontaneous Fulfillment of Desire -

Deepak Chopra, M.D. 2007-10-30

As elegant as his bestselling How to Know God and as practical as his phenomenal The Seven Spiritual Laws of Success, this groundbreaking new book from Deepak Chopra contains a dramatic premise: Not only are everyday coincidences meaningful, they actually provide us with glimpses of the field of infinite possibilities that lies at the heart of all things. By gaining access to this wellspring of creation, we can literally rewrite our destinies in any way we wish. From this realm of pure potential we are connected to everything that exists and everything that is yet to come. “Coincidences” can then be recognized as containing precious clues about particular facets of our lives that require our attention. As you become more aware of coincidences and their meanings, you begin to connect more and more with the underlying field

of infinite possibilities. This is when the magic begins. This is when you achieve the spontaneous fulfillment of desire. At a time when world events may leave us feeling especially insignificant and vulnerable, Deepak Chopra restores our awareness of the awesome powers within us. And through specific principles and exercises he provides the tools with which to create the magnificent, miraculous life that is our birthright.

Metahuman - Deepak Chopra 2019-10-03

Is it possible to venture beyond daily living and experience heightened states of awareness? In this highly anticipated new book, integrative medicine pioneer and New York Times bestselling author Deepak Chopra states that a higher state of consciousness is available here and now, for us all. Chopra unlocks the secrets to moving beyond our present limitations of the mind to access a field of infinite possibilities and reach our full potential.

How do you achieve this? By becoming metahuman. Drawing from the latest research on neuroscience, artificial intelligence and biometrics, Chopra offers a practical 31 day guide to help us ‘wake up’ at the deepest level in order to liberate ourselves from the conditioning and constructs that underlie anxiety, tension and ego driven demands. Only then does your infinite potential become your personal reality. ‘Grasping this revolutionary idea will effectively remove the limiting belief systems and negativity that may be holding us back from achieving our maximum human potential. Highly recommended!’ Dr Rudolph E. Tanzi ‘Metahuman helps us harvest peak experiences so we can see our Truth and mold the universe’s chaos into a form that brings light to the world’ Dr Mehmet Oz
The Book of Secrets - Deepak Chopra, M.D.

2004-09-28

"The Book of Secrets is the finest and most profound

of Deepak Chopra's books to date. Want the answers to the secrets of life? Let me recommend that you start right here." —Ken Wilber, author of *A Brief History of Everything* We all want to know how to find a soul mate, what career would be most fulfilling, how to live a life with meaning, and how to teach our children well. We are looking for a personal breakthrough, a turning point, a revelation that brings with it new meaning. *The Book of Secrets*—a crystalline distillation of insights and wisdom accumulated over the lifetime of one of the great spiritual thinkers of our time—provides an exquisite new tool for achieving just that. Every life is a book of secrets, ready to be opened. The secret of perfect love is found there, along with the secrets of healing, compassion, faith, and the most elusive one of all: who we really are. We are still mysteries to ourselves, despite the proximity of these answers, and what we most long to know

remains lodged deep inside. Because answers to the questions at the center of life are counterintuitive, they are often hidden from view, sequestered from our everyday gaze. In his ongoing quest to elevate our experience, bestselling author Deepak Chopra has isolated fifteen secrets that drive the narrative of this inspiring book—and of our lives. From "The World Is in You" and "What You Seek, You Already Are" to "Evil Is Not Your Enemy" and "You Are Truly Free When You Are Not a Person," *The Book of Secrets* is rich with insights. It is a priceless treasure that can transport us beyond change to transformation, and from there to a sacred place where we can savor the nectar of enlightenment.

[Sixty Seconds](#) - Phil Bolsta 2008-04-15

Spiritual awakenings, whether quiet and subtle or dramatic and breathtaking, are deeply personal events. More than half of us have undergone a

spiritual transformation, each unique and life-changing. We may only have a moment or two to act or we may have a few months to sort things out. We may curse the gods or sink to our knees in gratitude. The circumstances vary but two things are certain. One, our life is about to change. And two, it's a day we will not soon forget. Sixty Seconds is an uplifting collection of intimate, heartfelt stories from prominent people who graciously share their personal experiences with the profound. Their moving, life-altering interviews powerfully illustrate that sacred moments of illumination and insight are available to us all.

Psychic Gifts in the Christian Life - Tiffany Snow
2003

Snow never believed in near-death experiences-- until she was killed by a bolt of lightning and found herself before the Presence of God. Now, she shares

what she learned and by scripture proves that supernatural abilities have always been a gift to get closer to God.

Power, Freedom, and Grace - Deepak Chopra
2009-11-03

In Power, Freedom, and Grace, Deepak Chopra considers the mystery of our existence and its significance in our eternal quest for happiness. Who am I? Where did I come from? Where do I go when I die? Chopra draws upon the ancient philosophy of Vedanta and the findings of modern science to help us understand and experience our true nature, which is a field of pure consciousness. When we understand our true nature, we begin to live from the source of lasting happiness, which is not mere happiness for this or that reason, but true inner joy. By knowing who we are, we no longer interfere with the innate intelligence of the cosmos. Instead, we allow the universe to flow through us

with effortless ease, and our lives are infused with power, freedom, and grace. “This book captures the essence of all of my talks over the last 20 years. It is the distillation of almost everything I have taught up to now.” — Deepak Chopra

Reinventing the Body, Resurrecting the Soul -

Deepak Chopra 2010-01-21

This important book picks up where Dr Deepak Chopra left off in his pioneering work *Ageless Body, Timeless Mind*. Having revealed the connection between our health and our thoughts, Dr Chopra shows us how to create a whole new self - the self we want to be - in this revolutionary sequel. Dr Chopra explains how the body is a reflection of the mind, 'a symbol in flesh and blood of everything you think and feel'. From early childhood each one of us has invented our bodies and our personalities through our beliefs, conditioning and responses to everyday stress. But

we have mostly done this unconsciously, which is why we may now feel unfulfilled. Reinventing the Body, Resurrecting the Soul will help us to reconnect with our ideal sense of self, guiding us one step at a time through a remarkable process of renewal and discovery. Chopra invites us all to live from the soul, to satisfy our deepest desires in a life rich with joy and meaning. 'You are inventing your body in every moment of life,' he reasons. 'Why not take control and reinvent it from the highest level?'

You Are the Universe - Deepak Chopra, M.D.
2017-02-07

NEW YORK TIMES BESTSELLER • Deepak Chopra joins forces with leading physicist Menas Kafatos to explore some of the most important and baffling questions about our place in the world. "A riveting and absolutely fascinating adventure that will blow your mind wide open!" —Dr. Rudolph E.

Tanzi What happens when modern science reaches a crucial turning point that challenges everything we know about reality? In this brilliant, timely, and practical work, Chopra and Kafatos tell us that we've reached just such a point. In the coming era, the universe will be completely redefined as a "human universe" radically unlike the cold, empty void where human life is barely a speck in the cosmos. *You Are the Universe* literally means what it says--each of us is a co-creator of reality extending to the vastest reaches of time and space. This seemingly impossible proposition follows from the current state of science, where outside the public eye, some key mysteries cannot be solved, even though they are the very issues that define reality itself: • What Came Before the Big Bang? • Why Does the Universe Fit Together So Perfectly? • Where Did Time Come From? • What Is the Universe Made Of? • Is the Quantum World

Linked to Everyday Life? • Do We Live in a Conscious Universe? • How Did Life First Begin? “The shift into a new paradigm is happening,” the authors write. “The answers offered in this book are not our invention or eccentric flights of fancy. All of us live in a participatory universe. Once you decide that you want to participate fully with mind, body, and soul, the paradigm shift becomes personal. The reality you inhabit will be yours either to embrace or to change.” What these two great minds offer is a bold, new understanding of who we are and how we can transform the world for the better while reaching our greatest potential.

How To Know God - Deepak Chopra 2008-09-04
The bestselling author of *Ageless Body, Timeless Mind* has written his most ambitious and important work yet - an exploration of the seven ways we experience God. These are shaped, not by any one religion, but by an instinct that is hardwired into

the brain. In this remarkable book, Chopra takes us step by step from the first stage, where the brain's 'fight or flight' response leads us to a God who is an all-powerful and sometimes unpredictable parent, to the seventh stage, where the brain experiences God as pure being, beyond thought, a sacred presence. It is at this seventh stage that we attain a true, life-changing spiritual understanding of the world and our place in it; it is the level at which saints and sages dwell. All seven stages are available to each of us, all the time. Deepak Chopra explores mysticism, religious ecstasy, genius, telepathy, multiple personality and clairvoyance, drawing insights from psychology, neurology and physics, as well as from the great religions. The result is vintage Chopra applied to the ultimate quest.

Abundance - Deepak Chopra, M.D. 2022-03-01
An enlightening guide to success, fulfillment, wholeness, and plenty, offering practical advice on

how to cultivate a sense of abundance in times of fear and insecurity, from New York Times bestselling author Deepak Chopra “To attain wealth of the lasting kind, the kind that gives your life meaning, value, and sustenance, base your daily existence on the generosity of spirit.”—Deepak Chopra Many of us live and operate from a mind-set of lack, scarcity, and limitation. We focus on what we don't have—financial security, confidence, an intimate relationship—which keeps us feeling insecure and inadequate. We think “if only I could have those things, I could be happy.” But measuring wealth by money or material possessions leaves us feeling drained and spiritually empty. Constantly striving for more often means our ego is driving our thoughts, actions, and reactions, which prevents us from reaching something greater: a true sense of inner peace, acceptance, and fulfillment. Yet, there is an inner path to prosperity and wealth that, once

charted and explored, provides access to the great riches of the universe and life's unbounded possibilities. In *Abundance*, international bestselling author Deepak Chopra illuminates this road to success and wholeness, helping readers tap into a deeper sense of awareness to become agents of change in their own lives. Mixing ancient teachings and spiritual practices with the wisdom he's garnered over four decades as the leading figure in mind-body medicine, Deepak demonstrates how to transcend self-generated feelings of limitation and fear in order to experience true abundance in all aspects of life. To do so, he offers a seven-step plan along with meditations and mindfulness techniques to help you focus and direct your attention, energy, and intuition so you can experience stability, affluence, insight, creativity, love, and true power. [The Soul of Leadership](#) - Deepak Chopra 2011-01-06
The Soul of Leadership decodes the mysterious

qualities that have propelled history's greatest leaders to the top of the ranks and shrouded them in legend - Gandhi, Martin Luther King, Winston Churchill, Buddha - and provides a hands-on approach to understanding and mastering these qualities. The 10 Fundamental Principles, which Deepak Chopra believes all leaders should follow, include:

- * A leader is the symbolic soul of the group
- * Inner qualities determine the outcome of any situation
- * For every need, the right response can be found
- * Great leaders can respond to all situations from the higher levels of spirit
- * A leader focused only on external goals (money, victory, power) will fail.

Using well-known examples of great leaders and a clear, concise breakdown of the virtues that a great leader must possess, *The Soul of Leadership* demystifies leadership and empowers us all to become leaders in our own right - from managing a family crisis to starting our own business.

Creating Affluence - Deepak Chopra 2010-08-12

In this remarkable book lies the secret to fulfillment on all levels of our lives... With clear and simple wisdom, Deepak Chopra explores the full meaning of wealth consciousness and presents a step-by-step plan for creating affluence. According to Chopra, affluence is our natural state, and the entire physical universe with all its abundance is the offspring of an unbounded, limitless field of all possibilities. Through a series of A-to-Z steps and everyday actions, we can learn to tap into this field and create anything we desire. From becoming Aware of all possibilities to experiencing Zest and joy in life, these uncommon insights gently foster the wealth consciousness needed to create wealth effortlessly and joyfully.

The Ten Commitments - David Simon 2006-05-02

We all know the Ten Commandments—and unfortunately most of us try to use the philosophy

of "thou shalt not" (eat too much, work too hard, etc.) to command ourselves to make changes. David Simon, noted researcher and co-founder with Deepak Chopra of The Chopra Center, suggests a different path: instead of dwelling on the negative, embrace the positive and make commitments to live a better life. In doing so, we will transform our intentions (losing weight, spending more time with family, etc.) into concrete actions that will make change happen. This short, precise book is not a lecture, but a practical primer on thoughtful change. There is a continuing hunger for Eastern philosophy and spirituality among Westerners—finally, one of the West's top experts, who has been writing on, lecturing, teaching, and practicing Eastern thought for over three decades, has melded these principles with our core Western beliefs, giving us a new perspective on the basic way we live our lives. Key Features Very warm

and engaging tone, excellent writing, and numerous anecdotes make for a very compelling reading experience. No "new thought" jargon: just precise, easily accessible advice. This is a breakout book. Helps us focus on the simplest answers, much in the tradition of books like Don't Sweat the Small Stuff. The ten step approach is familiar and comfortable. Small, inexpensive and beautifully packaged hardcover makes this a perfect gift or daily reader.

The Deeper Wound - Deepak Chopra, M.D.

2001-12-18

The author of How to Know God provides help for healing deep trauma—whenever it arises—so we may find peace in ourselves and in our world. Terror came from the sky, and afterward the world would never be the same. September, 11, 2001, defined tragedy for a generation. On that day Deepak Chopra found himself driving from city to

city, meeting thousands of people who begged for meaning and solace in the face of suffering. In response he has written The Deeper Wound, offering a way of healing as a memorial to the thousands of victims who perished. The opening section, "In the Face of Tragedy," defines suffering as the pain that threatens to make life meaningless. When our deepest needs go unfulfilled, suffering begins. We begin to heal when we go beyond personal anger and fear to a realization of our true self, the self that was never afraid and can never be wounded. The true self contains the light that no darkness can attack. Having described a path of awareness and compassion that leads to the light, the second half of The Deeper Wound takes us there through "A Hundred Days of Healing," daily affirmations, exercises, insights, lessons, and questions—each a step out of pain toward a higher reality. "We can become living memorials to

tragedy by restoring the power of life,” writes Deepak Chopra. “You are that life, you are that power. Let us see if we can find the spark that will make the spiritual flame spring up.” Healing yourself comes in two stages—first releasing the energy of suffering, then replacing it with the soul’s energy. It is a gentle and fragile path, very much like holding on to a thread as it leads you from step to step. If you take the time to listen to the voice of silence, you will be astonished at the power you have at your command, however long that power has been overlooked. A portion of the proceeds earned by the author and publisher from the sale of this book will be donated to the Red Cross to aid in humanitarian relief efforts around the world.

Mindful Moments - Deepak Chopra 2022-03-10

This is the moment of power. Be the moment. Take a moment to be mindful with master of modern

meditation Deepak Chopra. For the past thirty years, Deepak Chopra has been at the forefront of the meditation revolution in the West, inspiring millions with his remarkable insight and wisdom. In this enlightening collection of meditations and quotes, gathered from across his career, Chopra offers you the opportunity to take a moment and let the wise, pithy and insightful thoughts that fill this beautifully illustrated book sink into your spirit and nourish your soul.

Jesus - Deepak Chopra 2009-10-06

“Deepak Chopra’s story is an inspiring gift for those who truly care and have the courage to seek.”

—Michael Baigent, author of The Jesus Papers The founder of The Chopra Center and the preeminent teacher of Eastern philosophy to the Western World, Deepak Chopra gives us the story of the man who became Messiah in his phenomenal New York Times bestseller Jesus. The author who

illuminated the life of Buddha now offers readers an unparalleled portrait of Jesus Christ, from carpenter's son to revolutionary leader, that is fresh and inspiring—a remarkable retelling of the greatest story ever told.

The Spontaneous Fulfillment of Desire - Deepak

Chopra, M.D. 2004-08-12

As elegant as his bestselling *How to Know God* and as practical as his phenomenal *The Seven Spiritual Laws of Success*, this groundbreaking new book from Deepak Chopra contains a dramatic premise: Not only are everyday coincidences meaningful, they actually provide us with glimpses of the field of infinite possibilities that lies at the heart of all things. By gaining access to this wellspring of creation, we can literally rewrite our destinies in any way we wish. From this realm of pure potential we are connected to everything that exists and everything that is yet to come. “Coincidences”

can then be recognized as containing precious clues about particular facets of our lives that require our attention. As you become more aware of coincidences and their meanings, you begin to connect more and more with the underlying field of infinite possibilities. This is when the magic begins. This is when you achieve the spontaneous fulfillment of desire. At a time when world events may leave us feeling especially insignificant and vulnerable, Deepak Chopra restores our awareness of the awesome powers within us. And through specific principles and exercises he provides the tools with which to create the magnificent, miraculous life that is our birthright.

Why Is God Laughing? - Deepak Chopra 2008-12-26

Why Is God Laughing? tells the story of successful comedian Mickey Fellows and his friend Francisco as they explore how to overcome fear, egotism and addiction (which are the three major obstacles to

joy) and become more optimistic. The final chapter highlights how to conquer these obstacles in our own lives and open the door to real joy and happiness. It spells out the lessons that Mickey's story tells us: ten reasons to be optimistic, even in a challenging world. Rich with humour and practical advice, *Why Is God Laughing?* shows us there is always a reason to be grateful, that every possibility holds the promise of abundance, and that obstacles are simply opportunities in disguise.

The Seven Spiritual Laws of Success - One Hour of Wisdom - Deepak Chopra 2010-03-29

In less than one hour, you can learn the secrets to success that will change your life forever... In this abridged, "One Hour of Wisdom" edition of his classic bestselling book, Chopra gathers his most powerful pearls of wisdom, and offers a life-altering perspective on the attainment of success. Based on natural laws that govern all of creation, this book

shatters the myth that success is the result of hard work, exacting plans, or driving ambition. Instead, Chopra reveals a life-altering perspective on the attainment of success: When we understand our true nature and learn to live in harmony with natural law, a sense of well-being, good health, fulfilling relationships, and material abundance spring forth easily and effortlessly.

Quiet Mind, Fearless Heart - Brian Luke Seaward 2004-10-28

"Reading Quiet Mind, Fearless Heart is like eavesdropping on a conversation between Lao Tzu and Joseph Campbell--a pure pleasure to read!" -- Deepak Chopra, M.D., coauthor of *The Seven Spiritual Laws of Yoga* and author of *The Spontaneous Fulfillment of Desire* "Quiet Mind, Fearless Heart is an enchanting piece of wisdom that combines ancient insights with practical solutions to the stress epidemic that permeates our

culture. Brian Luke Seaward is a master teacher, skillful guide, and true healer." --Larry Dossey, M.D., author of *Healing Words and Reinventing Medicine* "The perfect antidote for these acceleratingly stressful post-9/11 times with fearmongers accosting us everywhere, *Quiet Mind, Fearless Heart* artfully and wisely blends stress relief with spirituality. Keeping us constantly uplifted and engaged, this book is filled with witty sayings, practical, powerful exercises, and personal stories that ring with heartfelt authenticity." -- Candace B. Pert, Ph.D., author of *Molecules of Emotion* With graceful wisdom and gentle humor, Dr. Brian Luke Seaward helps you see past the limitations of the ego to the highest potential of the human spirit at the core of your very being. Through a unique alchemy of the ancient Chinese philosophy of Taoism and the timeless insights of the visionary Joseph Campbell, Seaward shows you

how to harness this potential so that you may find the courage to be a victor, not a victim of life's problems. Through the realization of this alchemy you will become the hero at the center of your own mythical life journey. Using simple but powerful exercises, meditations, and self-exploration techniques, you will learn to reconnect and harmonize with the universal spirit energy, or Tao, that flows through you to achieve inner balance, the joy of life, and optimal health. This book gives you the tools and skills to overcome adversity, resolve the emotional and psychological obstacles keeping you from realizing your potential, and vanquish stress, bringing peace to your heart and soul. Featuring the insights of renowned spiritual luminaries and philosophers from around the world and throughout the ages as well as many inspirational stories from women and men just like you, this powerful motivational guide shows you

how to cope with everyday stress, embrace your divinity, and find true harmony in your life.

RAMAYAN 3392 AD (Series 1), Issue 1 - Deepak Chopra 2014-01-12

Read the First Issue for FREE! Enter a post-apocalyptic world where the last of humanity struggles to fight against the evil hordes of Nark, a dark continent lead by the monstrous Ravan. Honorable, but inexperienced brothers Princes Rama and Lakshman are duty-bound to take command of the seemingly dormant outpost of Ayodhya. They soon realize no place in the world is safe from Ravan's iron grip and must become warriors to defend their people to the death. In a time when what's left of the world is enshrouded in darkness, these brothers are mankind's last beacons of hope.

The Ultimate Happiness Prescription - Deepak Chopra 2010-12-15

In The Ultimate Happiness Prescription, bestselling author Deepak Chopra shows how to be happy in spite of living in difficult or trying times. By looking through the lens of our contemporary understanding of consciousness, combined with Eastern philosophy, he has created a set of principles for living with ease. The result is an inspiring and instructive journey that leads to a prescription for living life mindfully, with a light heart and with effortless spontaneity - a prescription only Dr Deepak Chopra could write. With words like 'depression' and 'recession' in the air, he underlines the importance of keeping an eye on the positive aspects of life and finding ways to experience joy no matter what is happening to you. This remarkably clear and helpful book explains how to maintain an optimistic outlook and experience the benefits of having a happy heart and soul, no matter what the circumstances.

The Seven Spiritual Laws Of Success For Parents -

Deepak Chopra 2008-09-04

'Deepak Chopra's thoughts on spirituality and child rearing are original, profound and fascinating'

BENJAMIN SPOCK, MD Deepak Chopra's Seven Spiritual Laws of Success have touched a chord around the globe because of their simplicity and trust. This parenting book takes those laws one by one and explores the many ways parents can bring them into the lives of their children. Explaining that success depends on who you are rather than what you do, this world-renowned physician and author shows that spirituality lies at the source of all achievement in life. Suggesting ways that parents can help their children absorb this timeless wisdom from an early age, Deepak Chopra offers a daily programme of practical, thought-provoking ideas for the whole family to follow. In this way, parents can teach their children how to live in the most

effortless, harmonious and creative way - and thus know true abundance throughout their lives.

What Are You Hungry For? - Deepak Chopra
2014-01-02

What do you crave? For many of us, sugary treats, fatty meals and high-calorie snacks are impossible to resist. And yet, reaching the bottom of the biscuit tin rarely leaves us feeling satisfied. What if we are actually hungry for something much more fulfilling? In this groundbreaking book, bestselling author and endocrinologist Deepak Chopra unites the latest scientific and alternative therapy research to reveal how our overeating is often a symptom of 'inner starvation' – a hunger for love, self-esteem, happiness and security. By changing our approach to eating using the tools in this book, we can heal our bodies and minds to achieve permanent weight loss, a longer, happier life and spiritual well-being. The ultimate guide to inner and outer health, What

Are You Hungry For? will change the way you eat forever.